

# St Joseph's School

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## Bulletin—Week 5 of Term 2, 25<sup>th</sup> May 2023

Saint Mary MacKillop said,  
"Never See a Need Without Doing Something About It!"  
At St Joseph's We: Need to have a **Positive Attitude**  
Need to be **Aware** and Need to Take **Action**.  
Our next fortnight's Triple A Social Skill is **Forgiveness**  
Our focus within the three areas are as follows  
**Attitude** : Being Open To Forgiveness  
**Awareness** : That Relationships Need To Be Rebuilt  
**Action** : The 4 Steps Of Reconciliation

### Tomorrow is National Sorry Day – we begin with a Prayer

Lord, open up our hearts so that we may hear the message you teach of a world in which the wrongs of the past are recognised - a world in which a reconciled people walk and talk together sharing stories; a world in which all burn with the desire to have your peace and justice reign.

We ask this in Jesus' name. Amen



It's been a mild start to Term 2 but next week it looks like Wintery Conditions will be with us.  
So .... Full Winter Uniform is now to be worn.

Remember, shoes are to be all black ( no logos, no little coloured bits etc ... then no arguments ).

#### Winter Uniform – Boys

- Long navy pants & navy socks
- Blue and gold polo-shirt with logo
- Navy blue windcheater  
(gold stripe in the "V" neck & embroidered gold logo – track & field material)
- Black shoes/boots
- School Beanie (optional)

MONDAY - May 29  
UNIFORM BLITZ

#### Winter Uniform – Girls

- Kilt (with no pin) & navy tights (the kilt is optional)
- Navy slacks
- Navy or white socks
- Blue and gold polo-shirt with logo
- Navy blue windcheater  
(gold stripe in the "V" neck & embroidered gold logo – track & field material)
- Black shoes/boots
- School Beanie (optional)

#### Winter Sports Uniform

- Tracksuit pant – Navy track & field pant (double or single knee – track & field material) OR
- Navy knit shorts or girls may also wear navy netball skirt
- White socks
- Blue and gold polo-shirt with logo
- Navy blue windcheater  
(gold stripe in the "V" neck & embroidered gold logo – track & field material)

#### School Uniform

Our long time supplier of uniforms, McPherson's, is closing at the end of the month The good news is the business stays in town. Sportfirst will be our new supplier.



Students proudly wearing our winter uniform.



## PUPIL FREE DAY– Friday June 2 KING'S BIRTHDAY HOLIDAY – Monday June 12

### Afternoon Assembly : Monday at 2:45

#### **Yr 6 Leaders & Class Prayer**

May 29 : Harry O, Olivia P & Mia M; Mid South  
June 5 : Poppy D, Lilith V & Tanner M; Jun East  
All Welcome!

### Dates to Remember

Friday May 26	National Sorry Day
Friday June 2	Pupil Free Day
Wednesday June 7	Parenting in the Digital World 7pm MacKillop Centre
Monday June 12	King's Birthday Holiday

I will be taking Long Service Leave  
until the start of week 5 in Term 3.  
Dom will be in charge with Kel as DP.

**Live Life To The Fullest In Christ**



**Paul Arnel**

### **St VINNIE'S WINTER APPEAL**

We ask each family to send along New or Clean  
2<sup>nd</sup> Hand Items of bedding eg sheets, doonas,  
blankets as part of the St Vinnies Winter  
Appeal. We will present our collection at the  
June 19 Assembly.

## Office News

### PRIVACY POLICY

For access please visit our website. [www.sjnumurkah.catholic.edu.au](http://www.sjnumurkah.catholic.edu.au).

### SCHOOL FEES:

If any family would like to commence having their fees directly debited fortnightly or monthly this can be done at any time!

**Next Fortnightly Debits:** 2<sup>nd</sup> & 16<sup>th</sup> June.

**Monthly Debits** take place on the **18<sup>th</sup> of each month** up to and including November.

If you have unexpected circumstances for the fortnight or month and need to stop a Direct Debit please note they are processed two days before the due date and so you will need to contact us prior to that, to put a stop on them.

**EFTPOS** and **CENTREPAY** are now a payment option. Please enquire at the office.

**If your circumstances have changed and you are now eligible for a Health Care Card, please complete a CSEF application if you haven't already done so. Applications close June 14<sup>th</sup>.**

If you have any queries or concerns about your payment commitments, please do not hesitate to come in and speak to Paul. If you are wanting to amend your payment options please do so ASAP.

**The Term Planner can be viewed from the school website under news & events \ newsletters**

*If you have any queries, please call Gayle or Donna at the office on 5862 1804.*

## Division Cross Country

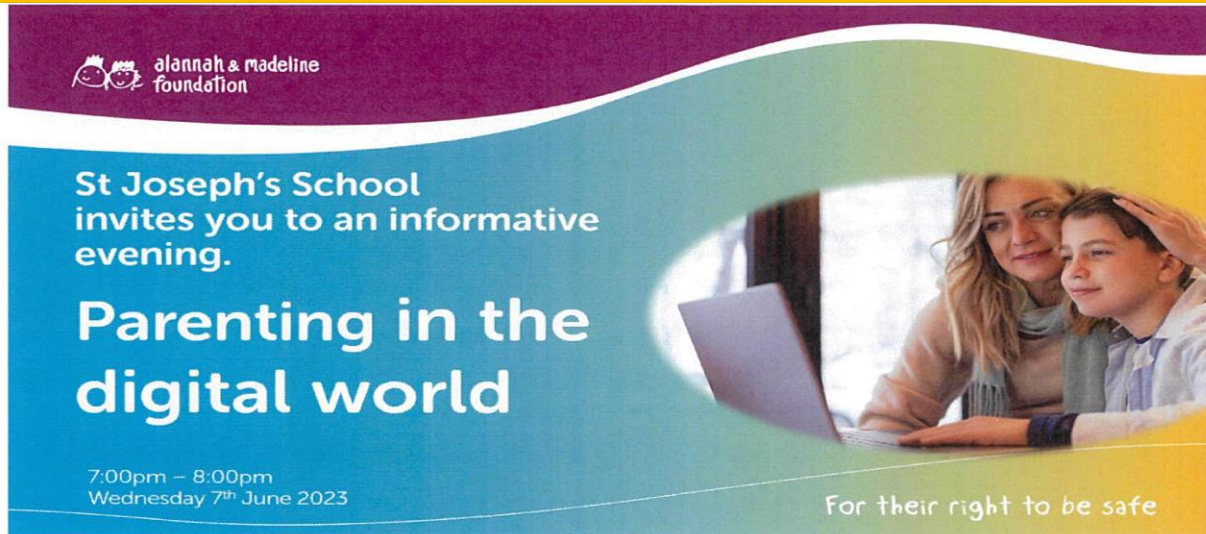
On Friday 12<sup>th</sup> May, we sent a strong team of X-Country runners to compete at the Division Championships in Shepparton.

All runners performed admirably and represented the school wonderfully. Most runners finished near the front for their age groups, but only the first 12 across the line qualified for the Hume Region Finals to be held on June 16<sup>th</sup>.

Those to progress were Alex Chmiel, Aiden Power, Jasper Brown, Sophia McPherson and Georgia Robertson.

We wish them the best of luck as they attempt to now qualify for the State Finals.

## E-Safety



alannah & madeline foundation

St Joseph's School  
invites you to an informative  
evening.

**Parenting in the  
digital world**

7:00pm – 8:00pm  
Wednesday 7<sup>th</sup> June 2023

For their right to be safe

Parents can struggle with the challenges associated with their child's use of devices and the concerns around keeping them safe when they are online.

St Joseph's School is inviting parents from the local area to attend a free information night where these issues and challenges will be discussed.

Presented by Craig Reid, a school eSmart Advisor with the Alannah & Madeline Foundation, learn about the latest trends and research as well as where to go when you have a concern.

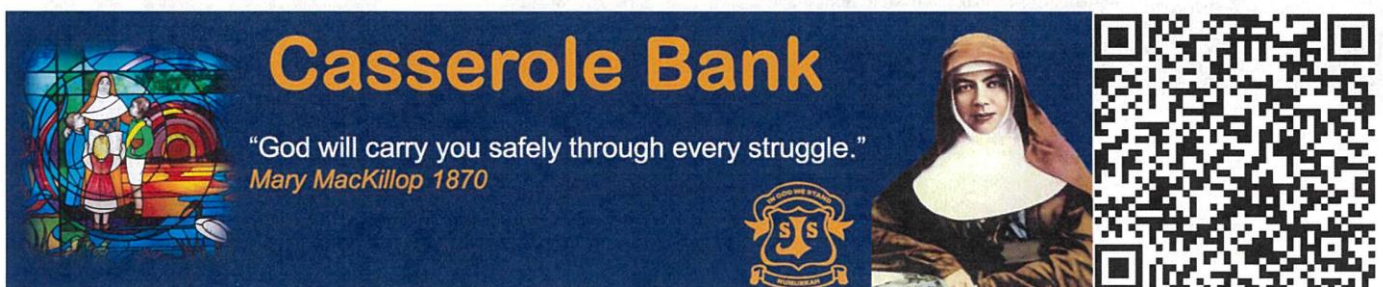
This free event is on Wednesday 7th June from 7pm- 8pm at St Joseph's School, 16 Tocumwal Road, Numurkah.

To register your attendance, please follow this link to book your seat. Places are limited, so book early, and its free to book.

<https://www.trybooking.com/CICGN>

We look forward to seeing you there.


## Wellbeing



**Casserole Bank**

"God will carry you safely through every struggle."  
Mary MacKillop 1870

SJS





## Student of the Week

### **Sen S**      **Jaiden McKellar**

*For his outstanding attitude and teamwork during our Softball practice. Excellent efforts Jaiden!*

### **Kayli Henderson**

*For actively participating in the Senior Phoenix Soar program and being a valued member of the group. Well done!*

### **Sen B**      **Riley Baker**

*For all your excellent work and the determination you show in every maths session; keep it up Riley!*

### **Elijah Tonkin**

*For his fantastic work ethic in the classroom, showing more initiative and focus towards his animal research task. Well done Elijah.*

### **Sen K**      **Taylah Duggan**

*For her efforts playing netball in our first Winter Sports Competition,*

### **Hayden Feltham**

*For his all round positive efforts representing our football team at division sports in Shepparton. Awesome work!*

### **Sen T**      **Blade Turvey**

*For independently working through our inquiry activities and being an engaged learner.*

### **Mitchell Altoft**

*For his excellent attitude to school life, and for being a positive and responsible classmate. It's a pleasure having you in our class!*

### **Mid H**      **Dylan Batey-Black**

*For settling into Living and Learning Routines at St Josephs!*

### **Henry Bau**

*For being more focused and working hard on his multiplication facts and groupings.*

### **Mid M**      **Louie O'Callaghan**

*For showing empathy and kindness towards others and always being a leader in our class. Keep up the wonderful work Louie!*

### **Maya Curtis**

*For being a friendly, helpful and responsible member of our class. You are an asset to our school Maya!*

### **Mid N**      **Axel Ramadge**

*For the positive way he approaches his work, always giving everything his best effort. Keep up the good work Axel!*

### **Jaiden Ricardo**

*For having a settled week and displaying a more responsible attitude in the classroom.*

### **Mid S**      **Koby Boxtel**

*For the effort he is putting into his daily word work during reading groups. Well done Koby!*

### **Jack Roberston**

*For having a determined attitude to making improvements in his learning. Well done Jack!*

### **Jun N**      **Asten Wilson**

*For the happy and positive way he enters our room and for showing more enthusiasm when completing tasks. Well done Asten!*

### **Zara Trimby**

*For displaying great leadership within the class and consistently putting in 100% towards all tasks and activities. Well done Zara!*

### **Jun P**      **Eden Feltham**

*For her great work during our writing block and always having a positive attitude towards her learning. Well Done Eden.*

### **Norah Keane**

*For the wonderful maturity she displays in the classroom, being a positive member and showing friendship towards all her peers. Well done Norah!*

### **Jun O**      **Flynn Keane**

*For stepping up in our classroom and taking control of his learning! It is great to see you making positive choices.*

### **Elias Pettigrove**

*For his incredible use of vocabulary and confidence shown when sharing with the class about his holiday to the Great Barrier Reef.*

### **Jun W**      **Archer Harbor**

*For all the effort he has been putting into his Literacy work and completing tasks independently. Keep it up Archer!*

### **Summer Bau**

*For the fabulous effort she has been putting into her Literacy work lately, especially her "Adventure Story". Keep up the good work Summer.*

### **Prep M**      **Georgia Reade**

*For being a wonderful role model in our classroom and always displaying a positive attitude. Well Done Georgia.*

### **Nejla Adkere**

*For always giving things a go and having a smile on her face. Well done Nejla!*

## Prep J Axel Hoiles

For working hard to improve his ability to sound out tricky words when reading, and also for showing respect and care towards others. Awesome effort Axel!

## **Florence Culton**

For being a responsible and dedicated learner who always gives 100% effort. Keep up the wonderful work Flossy!



## Principal's Award

Term 2

Week 4 : Emma Cole

Week 5: Olivia Ponting

*Living out the values of*

**Saint Mary  
MacKillop**

*through what they say  
and what they do.*



## Second Hand Uniforms

If you wish to purchase second hand uniforms, please see Marcella in the canteen or Donna & Gayle in the office. All items are in good condition, clean and very reasonably priced. Donations of good quality items are always welcome and can be left at the school office. All money goes to the Parent & Friends Association

## Lost Property

We have an abundance of **jumper**s, drink bottles & containers etc in Lost Property. Please come & check for any lost items. Please ensure all clothing & items are clearly **labelled** so that we can return your items to your child. Some jumpers handed in are labelled with past students. If you have purchased 2<sup>nd</sup> hand jumpers, please remember to update the name so it can be returned.



## Triple A

This is awarded to students in each class who display excellence in the Triple A Social Skill that we focus on each week. At St Joseph's we need to have a positive **Attitude**, need to have **Awareness** & need to take **Action**

**Congratulations to the following students who received this social skill award in Term 2:**

**Week 4 Self Discipline:** Bede Brown, Logan Burkitt, Zarli Burkitt, Isla Luxford, Jack Glass, Bridget Simmons, Lilith Beaton, Bella Curtis, Tess McCracken, Georgia Brassil, Callan O'Dwyer, Xavier Hall, Matilda Ruscoe and Harry Oswald.

## Canteen

**A reminder that the Canteen is closed on Mondays & Tuesdays.**

May

26<sup>th</sup> Kim Thompson

29<sup>th</sup> **CLOSED**

30<sup>th</sup> **CLOSED**

31<sup>st</sup> Helen Osborne



## June

1<sup>st</sup> **Volunteer**

2<sup>nd</sup> Pupil Free Day

5<sup>th</sup> **CLOSED**

6<sup>th</sup> **CLOSED**

7<sup>th</sup> Holly Brennan

8<sup>th</sup> **Volunteer**

9<sup>th</sup> Helen Osborne/Gayle Morgan

12<sup>th</sup> King's Birthday Holiday

13<sup>th</sup> **CLOSED**

14<sup>th</sup> Julia Campbell

15<sup>th</sup> **Volunteer**

16<sup>th</sup> Jody Tilley

19<sup>th</sup> **CLOSED**

20<sup>th</sup> **CLOSED**

21<sup>st</sup> **Volunteer**

22<sup>nd</sup> Rachel Robertson

23<sup>rd</sup> Kim Thompson /Gayle Morgan

If you are unable to attend on your day, can you please arrange a swap with someone else or as last resort let Marcella know in advance, so she is aware that she has no helper that day.

## Community Notices

### How many serves in your lunchbox

Keeping lunchboxes interesting and nutritious enough to keep kids full and active throughout the day is easier with these serve size ideas - Simply pick an option from each food group.

For more ideas visit <https://www.facebook.com/more4moira/> for our serve size video - developed by our wonderful dietitian students

Food Group	1 serve =
<b>Meat and Alternatives</b>	<ul style="list-style-type: none"> <li>65g cooked lean meat (beef, veal, lamb, pork)</li> <li>80g cooked chicken</li> <li>2 large eggs</li> <li>100g fish e.g. 1 can of tuna</li> <li>1 cup legumes e.g. lentil or chickpeas</li> <li>170g tofu</li> <li>30g nuts</li> </ul>
<b>Fruit</b>	<ul style="list-style-type: none"> <li>150g (1 piece) of kid-sized fruit</li> <li>50g (2 pieces) of small fruit e.g. apricots or kiwi fruit or plums</li> <li>1 cup diced watermelons, berries or canned fruit</li> <li>30g dried fruit e.g. 4 dried apricot halves</li> <li>1 ½ tablespoons of sultanas (only to be used occasionally)</li> </ul>
<b>Dairy</b>	<ul style="list-style-type: none"> <li>1 cup (250ml) fresh, long-life milk, or powdered milk</li> <li>½ evaporated milk</li> <li>2 slices (40g) hard cheese</li> <li>½ ricotta cheese</li> <li>¾ cup (200g) yoghurt</li> <li>1 cup soy beverage or beverages made from rice with at least 100mg calcium added per 100ml</li> </ul>
<b>Vegetables</b>	<ul style="list-style-type: none"> <li>½ cup green beans or broccoli (75g)</li> <li>½ cup carrot or 1 small carrot (75g)</li> <li>1 cup salad vegetables (75g)</li> <li>75g sweet corn</li> <li>½ cup cooked dried or canned beans, chickpeas or lentils (75g)</li> <li>1 medium tomato</li> </ul>
<b>Grains</b>	<ul style="list-style-type: none"> <li>1 slice of bread (40g)</li> <li>½ medium roll or flat bread (40g)</li> <li>½ cup cooked rice, pasta, noodles, barley, buckwheat, semolina, polenta, bulgur or quinoa (75-120g)</li> <li>½ cup wheat cereal flakes (30g)</li> <li>¾ cup muesli (30g)</li> <li>3 crispbreads (35g)</li> <li>1 crumpet (60g)</li> <li>1 small English breakfast muffin (35g)</li> <li>1 plain scone (35g)</li> </ul>

NCN Health | Nathalia Coburn Numurkah



Inspections Welcome

## NUMURKAH KINDERGARTEN 2024 ENROLMENTS ARE NOW OPEN

If Your Child Is Turning  
Three or Four Before The 30th April 2024  
**You Are Eligible For Funded Kindergarten**

Please Collect An Application For Enrolment Form The Centre  
Or Call/Email 5862 1569 Or [numurkah.kin@kindergarten.com.au](mailto:numurkah.kin@kindergarten.com.au)  
For An Application For Enrolment Or Further Details.

Contact: Jayne Kam Service Coordinator

Office Hours: Monday Wednesday Friday 9:00am To 3:00pm

Email: [numurkah.kin@kindergarten.vic.gov.au](mailto:numurkah.kin@kindergarten.vic.gov.au)

18 McCaskill Street Numurkah



**KINDERGARTEN**  
Victorian Government Approved

