

ST. JOSEPH'S SCHOOL

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Newsletter—Week 7 of Term 1, March 16th 2023

Saint Mary MacKillop said,
"Never See a Need Without Doing Something About It !"

At St Joseph's We: Need to have a **Positive Attitude**

Need to be **Aware** and Need to Take **Action**.

Our next fortnight's Triple A Social Skill is **Assertiveness**

Our focus within the three areas are as follows

Attitude : Confident Without Being Bossy

Awareness : Of the Needs to Stand Up For Oneself and Others

Action : Positive Voice and Body Language



Dear Parents, Carers and Friends

Our Fun Run has come and gone for another year with the day being a resounding success. Thanks to the P&F and our Fun Run Committee for a brilliant day. After eight years managing the event, Andrea Dobson passes the reins to Tam Martin.

As we work through this time of Lent we can take a moment to reflect on our roles as parents, carers and teachers which are often difficult but certainly most rewarding in the long term. As we ask of our children, we can set our own personal goals in working to be better at what we do and being better at who we are. Our children follow our example, not always our advice!

Congratulations to our Senior Team of Staff and Students on such a wonderful week of Living and Learning in Canberra. It is a huge four days and full credit goes to each involved. Special thanks to our nine staff members who gave up their own time away from family, friends and their normal routine in caring for our children. It's basically 80 hours of non-stop work.

On Friday we will celebrate our St Joseph's Feast Day with Mass at 9:30 and activities through the day.



St Joseph's School - Newsletter

Our Afternoon Assembly : Mondays at 2:45

Yr 6 Leaders & Class Prayer

March 20: Harry O, Taylah D, Riley B & Summa N; Jun East

March 27: Phoebe M, Macie G & Jhi A; Jun West

All Welcome!

Dates to Remember

Tuesday April 4: School Photos

Thursday April 6: Last Day of Term 1
Early finish 2.15pm

Friday April 7: Good Friday

Saturday April 8: Holy Saturday

Sunday April 9 : Easter Sunday



Happy St Patrick's Day & St Joseph's Day



Beginning of Year Liturgy
& School Leaders
Induction



St Joseph's School - Newsletter

P&F 2023

Our P&F AGM was held recently. Its function is to serve the school community and organise fun and fundraising events.

The executives for this year are:

President – Bryan Schreenan

Vice President – Ron Watson

Treasurer – Michelle McCracken

Secretary – Wayne Dyson

Ass Secretary – Helen Osborne

We are seeking new members. All parents and carers are welcome!

Mental Health in Primary Schools

This year, our School is part of a new program called 'Mental Health in Primary Schools'. This is a program funded and led by the Victorian Government, Melbourne University and Murdoch Children's Research. The program will span for the next four years.



The aim of the program is to:

- continue to educate and promote students in particular about Mental Health
- build the capacity of staff, leadership and families to identify and deal with Mental Health challenges
- help refer students and their families to experts when dealing with Mental Health challenges.

Please keep an eye out for information regarding Mental Health and if you need any guidance or have questions please come and see me.

Dominic Izzard

Office News

SCHOOL FEES:

If any family would like to commence having their fees directly debited fortnightly or monthly this can be done at any time!

Next Fortnightly Debits: 24th March & 7th April

Monthly Debits 18th of each month.

If your circumstances have changed and you are now eligible for a Health Care Card, please complete a CSEF application if you haven't already done so.

The Term Planner can be viewed from the school website under news & events \ newsletters

St Joseph's Primary School

Numurkah

Photo Day 2023
Tuesday 4th April

To Order Photos:

Go to www.msp.com.au and click 'Order Photos'. Enter your child's personalised shootkey and follow the prompts.

Order your School Photos before midnight 11th April

Late Orders can be accepted after 11th April by contacting 03 5482 3190. All late orders incur an extra \$20 for postage and handling.

Family Photos – Please order online prior to photo day with the unique shootkey on the bottom half of your eldest child's photo form.

1 Family Shoot Key per Family.



03 5482 3190
admin.mrr@msp.com.au
www.msp.com.au

If you have any queries, please ring Gayle or Donna at the office on 5862 1804

CARITAS

CARITAS FUNDRAISING

WEEK 10

Junior Easter Egg Raffle

Raffle will be drawn on Wednesday 5th
April

Middle School Slushies

One slushy per student on the advertised
day.

Monday – Senior Students

Tuesday – Middle Students

Wednesday – Junior Students

Thursday – Prep Students

Cost \$1

Senior School Cake Stall

Wednesday 5th April

Gold Coin Donation

All donations are for Project Compassion
and you can find more information by
scanning the QR Code.



Preps

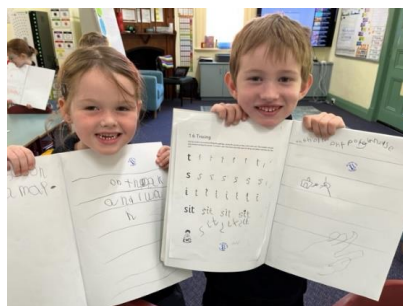
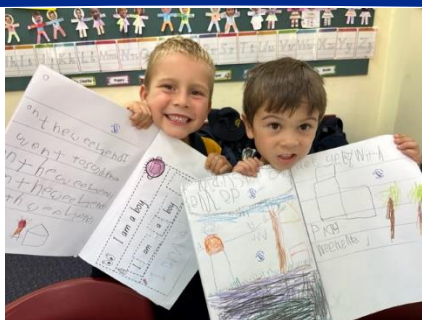
Wow isn't the term flying by! We have been so busy living and learning in the Prep room. The children are well and truly settled into our daily routines and are confident in our wonderful learning environment. There is always something exciting happening in Prep, so we will keep you updated through the SeeSaw App.

Hello Night

To celebrate the beginning of the year we are inviting all Prep families to a 'Hello Night' on Wednesday the 22nd of March from 5pm-6pm. This will be an opportunity for the children to share their wonderful learning and for families to explore our classroom space. A BBQ dinner will be provided. Please check the SeeSaw app for further information regarding this event.

Reading Routine

Your child will change their reader at school twice a week. They will also read with the teacher at least once a week on their designated reading day. This way the teacher gets to check in on their progress and make sure your child is taking home the correct reader. We ask that you continue reading with your child at home each day and make an entry in their diary.



Literacy

In Literacy, we are participating in lots of activities that support our Phonological and Phonemic Awareness. We are also participating in daily Sounds-Write lessons that support the children in becoming effective readers and spellers. This is done in groups where your child can learn at their own pace, whether that be learning new sounds or consolidating their understanding from the previous week. We have continued our focus on developing correct pencil grip, formation, starting points, size and posture to support our writing skills.



Numeracy

In Numeracy, we are mastering counting to 20 and beyond. It is so important at this young age that children gain a good understanding of numbers, how to read them, how to count them, and also how to create them using concrete materials such as counters or unifix blocks. The children have also been learning about Patterns where they have been exploring how to copy, continue and create their own patterns with objects and drawings.



Religion

In Religion, we have looked at how we can be more like Jesus during this period of Lent. The children have been exploring the significance of Lent and Easter and are developing an awareness of the signs and symbols associated with this time.

Inquiry

In Inquiry, we have begun our unit on 'Our Place in the Community'. As part of this unit the children have been exploring the ways in which they belong to different groups such as their families, classrooms, school and local community. The children are investigating the rules of different places, and their rights and responsibilities within them and who we can turn to for help.

Specialist Timetable

The children have been enjoying Art and Library and will now participate in Sport and Music in addition to this. These lessons are held weekly as follows:

Art/Library/Sport/Music – Tuesday

Sport – Friday

Buddies

The Preps have been introduced to their Grade 6 Buddies. Our Buddies will assist us in the playground if we need help and will organise fun activities with us once a fortnight. We encourage them to build a positive, friendly relationship with their Prep buddy so that we as Preps feel safe and happy at school and they, as Senior students, continue to grow to be responsible, nurturing people.

Thank you for your ongoing support,
The Prep Team - Rach, Dave, Tim and Emma.



Juniors

Flying Start!

Wow, isn't term 1 flying by. This is a true indication that we have all settled into our routine of living and learning at St Joseph's.

Sounds Write

Each day the children participate in a Sounds Write lesson. This is done in groups and is the focus for our reading and spelling for the week. Your child may have a new sound focus for the week or be working on consolidating sounds. The pink pocket in your child's reader folder will match the sound focus for the week. Your child will also have a list of words in their take home phonics book. This list includes words you can practice for the week.



Writing

In writing we have been looking at narratives. Our main focus over the past week has been identifying the problem and solution in a story. The children will eventually create their own narrative with a problem and a solution.

Reading

By now you should be familiar with the different books in your child's take home reader folder. The yellow pocket includes readers that may be more challenging and require more assistance from an adult. The pink pocket has a decodable reader that includes the sound or sounds that your child is working on at school.

We ask that all students please read to an adult every night. Once completed please write the title and a small comment in their reader diary. Students will also be required to read every morning when they arrive at school before they go outside to play.

Numeracy

In Maths we have completed our Addition unit and have now moved onto Subtraction. We are continuing with our counting practise at the beginning of each lesson, counting by 2's, 5's, 10's and 3's both forwards and backwards, finding the number that is 10 more or less.

Religion-Lent/Easter

In Religion we are learning all about Lent. On Shrove Tuesday we shared pancakes and learnt about the importance of this day. The following day, Ash Wednesday we shared a special prayer together. We continue to discuss CARITAS and the importance of raising money for those less fortunate. We have also been looking at acts of kindness and what we can do during Lent to show kindness to others.



Assembly

Junior East is on Assembly Monday 20th (Week 8)

Junior West is on Assembly Monday 28th (Week 9)

You are all welcome to join us as we celebrate prayer together. Assembly is in the MacKillop Centre at 2.45pm every Monday.

Easter Egg Raffle

As part of the Junior and Foundation area fundraiser for Caritas, we are holding an Easter Egg Raffle. We are asking for Easter Egg donations and raffle tickets have been sent home. Please ask your child's classroom teacher if you would like more tickets. Raffles will be drawn in the last week of Term 1, good luck!

Inquiry

In Inquiry we are looking at places we belong. The children are learning about our community and the things that are in our neighbourhood.

Specialist

Students continue to have specialist classes on **Wednesdays**. Children need to wear their **Sports uniform** every Wednesday and Friday.

Children need to bring their Library bag on Wednesday

Weeks 6-11 (Wednesday)

Junior West: PE/LIBRARY

Junior East: LOTE/ART

Please send us a message on SeeSaw if you have any questions or concerns regarding your child.

The Junior Team,

Tan, James, Jane, Bern, Makayla, Sarah, Ally, Joanie, Georgia and Miranda

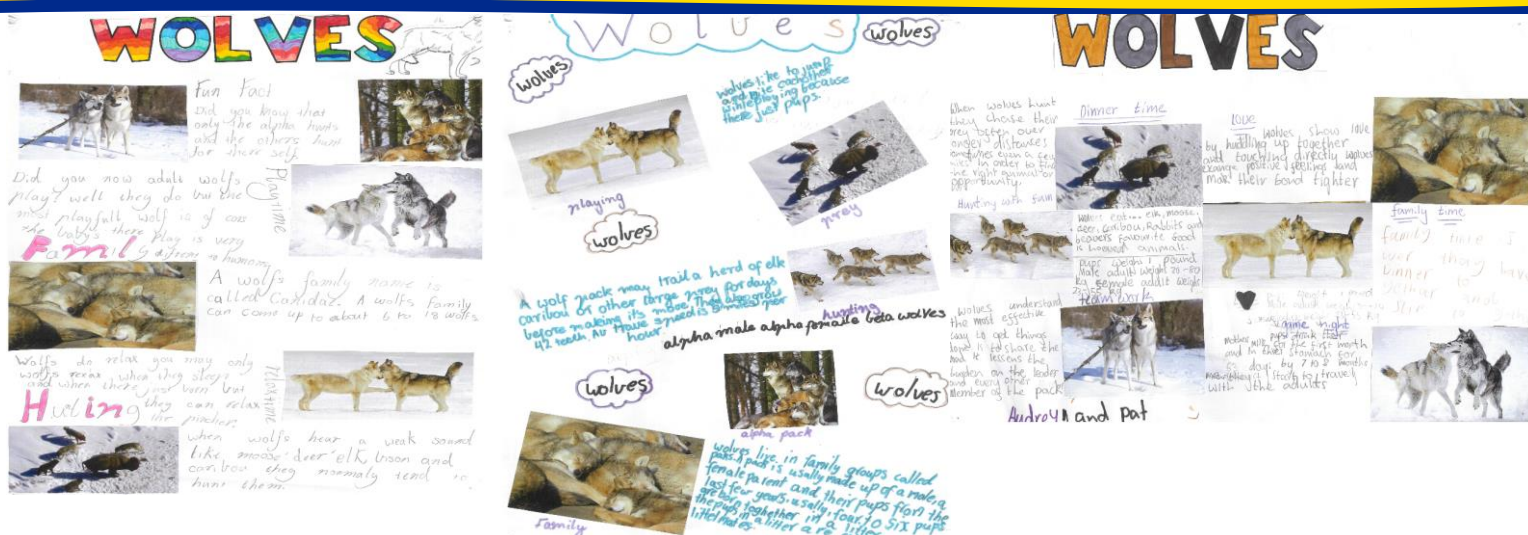
Middles

Such exciting times of living and learning continue in our Middle School!

Inquiry Learning

We have been investigating the lives of particular animals that demonstrate renowned teamwork! We have focused on wolves and meerkats, with bees and orcas to follow.

Students have been able to identify the way these animals work in teams and their similarities and differences to the way we as people work in teams.



Maths

Our maths hour is a very structured routine to ensure the best learning opportunities are available to our students.

Our whole group session begins with a retrieval and revision of core numeracy skills, strategies and knowledge. This concentrates on investigating numbers, patterns, counting, place value and naming and renaming, modelling and discussing numbers.

Our differentiated sessions begin with an explicit and specific explanation of the goal or purpose of the session. We then discuss how we can achieve this and what are the steps or mini goals to achieve.

The main part of the session is focused on either; explicit teacher-led instruction for new or newish concepts, or if the concept has been consolidated, then the learning opportunities are focused on expanding and applying student knowledge of that concept.

Small group work is a significant part of the learning experience and this is a wonderful time for peer learning.

Another important aspect of the learning experience is using concrete materials to assist learning. We use; dice, MAB Blocks, mini whiteboards, counters, etc.

The last part of the session is coming together again as a whole group to share and reflect.

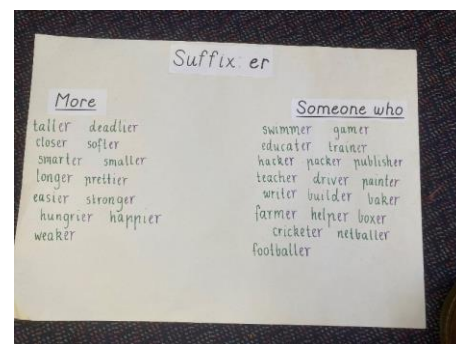
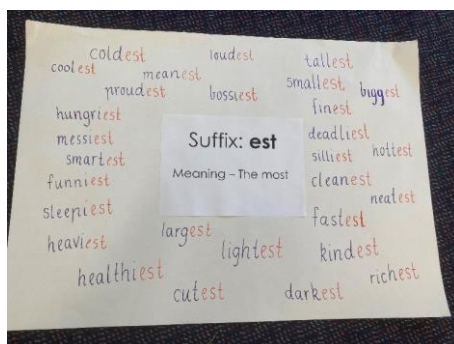
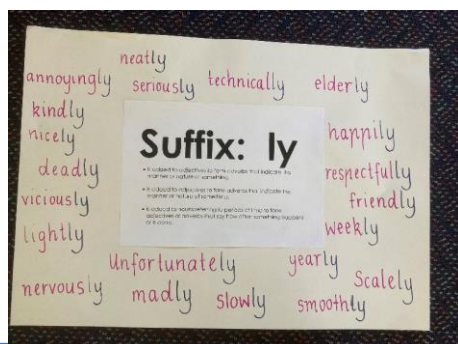
We are currently focusing on addition and subtraction.

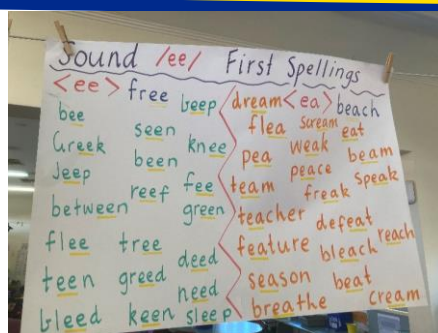
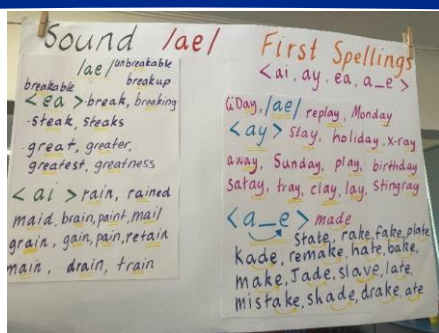
Literacy

Word investigation and vocabulary building is a very important part of reading and an essential skill to be an effective reader. Each day we spend time on "word work", which focuses on sounds / spelling correspondences, as well as our dedicated Morphology hour on a Wednesday. This focuses on word building, tense and sentences.

This gives students the tools to write more interesting, descriptive, informative and persuasive texts.

Students really enjoy brainstorming, investigating, spelling and using in context the words we are finding out about.





Thank you,
The Middle Team – Mark, Ebony,
Allison, Kelly, Jordyn, Sue,
Amanda, Clayton & Taylor

Seniors



Senior students from our school have recently undertaken an education tour of the national capital. Students were given the opportunity to participate in a variety of programs with a focus on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion, the Australian Government is contributing funding of \$30 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.

↑ CANBERRA CAMP 2023 PHOTOS ↑

It has been a wonderful, yet very busy start to our year in the Seniors, with our big ticket item of Canberra Camp. It was a full 4 days, everyone (teachers included!) returned home tired but having had a fantastic time away together. Some highlights include The War Memorial, Questacon, bike ride around Canberra and Parliament House. Scan the QR code to check out some happy snaps!

NAPLAN

Our Grade 5s are completing their NAPLAN tests this week. Remember we all try our best and give it a go!

Project Compassion

We are planning on holding our cake stall to raise money for Project Compassion in Week 10. Stay tuned for more information.

Specialist Updates

Students will be having Specialist Classes on Tuesdays. This means that students will be able to wear their Sports Uniform on this day. They can also wear sports uniforms on Friday.

Homework

Homework will be handed out each Monday, and collected each Friday. If students need help with their homework, there will be a Homework Club run each Tuesday lunchtime in Mrs Keane's classroom. If a student is away when homework is handed out, it is their responsibility to collect it.

In the Senior School our homework expectations are:

- Reading for at least 15 minutes (completed nightly)
- Daily diary GEM task (completed nightly)
- Parent/carer signature
- Differentiated Maths Sheet (due end of week)
- Handwriting or Literacy Sheet (due end of week)

Thank you,

Senior School Staff

Adam, Jeremy, Liam, Loreena, Virginia, Karlene, Di, Sam and Ray.

Healthy Harold

Twelve of our Year 6s are part of the Healthy Harold Hero Campaign. As part of the program, they are trying to help with friendship issues. Emma Cole, Charlie Jenner, Summa Neyland & Remi Storer are setting up a Bubby Bench system and are asking for donations of paint in **bright colours**. If you have any paint that you would like to donate, please bring them to the office.

Thanks, The Buddy Bench Crew



Student of the Week

Sen S **Jaiden McKellar**

For his outstanding have-a-go attitude and positive mindset while on Canberra Camp! We're so proud of you!

Sen B **Noah Mountney**

For the excellent standard he set at camp, both asking and answering really great questions, especially at Parliament House. Fantastic effort mate!

Sen K/H **Whole class**

For their wonderful attitude and willingness to try new things whilst on camp. Brilliant!

Sen T **Emma Cole**

For her super effort at camp. She was willing to give everything a go and lead by example with her actions. Well done Emma!

Mid H **Henry Bau**

Discussing spelling choices, sounds and the different ways to make vowel sounds.

Mid M/H **Patrick Edis**

For his welcoming smile, his positive attitude and always giving 100% effort.

Mid N **Ethan Brown**

Congratulations Ethan, you are working hard on becoming more resilient in your learning.

Mid S **Madeleine Harmer**

For your convincing persuasive piece on why hotels are better than camping. Well done Mads!

Jun N **Oliver Mason**

For being happy and positive, and always having a smile on his face.

Jun P **Leo Martin**

For working hard on his reading and making an effort to improve his skills. Well done Leo!

Jun O **Evie Teasdale**

For working hard in phonics and having a 'can do' attitude.

Jun W **Jack Hicks**

For all the effort he has been putting into his Literacy work. Keep up the wonderful work Jack!

Prep M **Blayze Penny**

For his excellent attitude and willingness to give all things a go at school. Terrific effort Blayze!

Prep J **Poppy Graham**

For working hard to learn the letter sounds and also for excellent handwriting. Brilliant effort Poppy!

Art **Darcy Oswald**

For his imaginative portrait inspired by abstract artist Reg Mombassa. Great work Darcy!

Principal's Award

Term 1

Week 6: Jhi Arnold

*Living out the values of
Saint Mary MacKillop*

through what they say and what they do.



Triple A Social Skill Award

This is awarded to students in each class who display excellence in the Triple A Social Skill that we focus on each week. At St Joseph's we need to have a positive **Attitude**, need to have **Awareness** & need to take **Action**.

Congratulations to the following students who received the social skill award in Week 6 Leadership:

Darcy Trimby, Finn Harrington, Lexi Rees, Lola Keane, Norah Keane, Sophie Kilpatrick, Hazel Alston, Ella Mionnet, Louie O'Callaghan, Viaan Maharaj, Rick Rae, Summa Neyland, Kayli Henderson and Georgia Robertson.

Canteen

March

17th Jody Tilley

20th Volunteer

21st Volunteer

22nd Volunteer

23rd Rachel Robertson

24th Kim Thompson

27th Volunteer

28th Volunteer

29th Helen Osborne

30th Volunteer

31st Narelle
Miller

April

3rd Volunteer

4th Volunteer

5th Volunteer

6th Sarah Burkitt

If you are unable to attend on your day, can you please arrange a swap with someone else or as last resort let Marcella know in advance, so she is aware that she has no helper that day. Also, please

let Marcella know if you are free on a day when we need a volunteer; 1 hour would really help her out and your children love to see you helping out.



St John's Parish OSHC News

The children are enjoying themselves with colouring in, sand art & lots of other fun activities. We have started our Easter Craft with bunnies, sand art and cards. There is also an Easter colouring competition that the children can enter.

VACATION CARE

Vacation Care shall be running again during the next school holidays, Tuesday, Wednesday & Thursdays 8am to 5pm. Bookings are now open. The cost shall remain the same, \$60.00 per day with Child Care subsidies also provided. If you are current users of the program, then you can book via the My Family Lounge App, or contact the school office.

If you wish to start using the program, please contact the office for enrolment information.

We look forward to seeing you soon.
Sue, Georgia, Tash & Julie





Social and emotional learning

Social and emotional learning (SEL) skills involve developing the ability to understand and manage our emotions, establish positive relationships, develop empathy for others, set and achieve goals and feel good about ourselves.

What is SEL?

A sense of self, emotional skills and social skills are at the core of SEL.

Sense of self

Ideally, this involves feeling good about themselves and what they can do. As children and young people experience success in their efforts to interact with others and explore their world, they develop self-confidence and see themselves as capable. This motivates them to continue engaging in new experiences and feel optimistic about the future.

Emotional skills

Emotional skills include recognising, expressing, understanding and managing a wide range of feelings. These help children and young people develop the ability to interact successfully with others and the world around them. Children and young people who can understand and manage their feelings are more likely to develop a positive sense of self and be confident and curious learners. Read more about [emotional development](#) children and young people.

Social skills

These skills are about getting along with others. Through their first relationships, children learn they can trust others to care for them and meet their needs. As they grow, children learn to relate to others by watching, imitating and trying out new behaviours. They begin to understand they can have an impact on others and that other children may have different thoughts and feelings from their own. These skills continue to grow, develop and become refined throughout childhood and adolescence. Read more about social development [link to 'social development'] in children and young people.

Learn more about the [five areas of social and emotional learning](#).

Why is SEL important for learning?

Research shows that children and young people's learning is influenced by a range of social and emotional factors.

Children and young people with social and emotional learning skills have better academic

outcomes, as well as improved physical health and a better quality of life.

How well individuals do in their learning community is affected by things such as how:

- confident they feel about their abilities
- effectively they're able to manage their own behaviour
- well they can concentrate and organise themselves
- effectively they can solve problems
- positively they can get on with educators and their peers
- effectively they consider others' needs
- well they can understand and accept responsibilities.

Therefore, SEL and success within the learning community go hand in hand.

How is SEL taught?

Many early learning services and schools already incorporate aspects of SEL.

Be You's approach is to look at what your learning community is already doing and ask you to evaluate how social and emotional skills are taught. Be You provides a framework for planning, teaching and evaluating, so that, from year to year, children and young people can acquire and consolidate skills that are relevant and appropriate for their age and skill level. Teaching SEL is no different to teaching numeracy or literacy skills – it needs to be continuous, cumulative and tailored to a child's age and stage.

Be You Professional Learning

Learn more about SEL in the [Learning Resilience](#) domain.

References

Collaborative for Academic, Social, and Emotional Learning (CASEL). (2018). Core SEL competencies. Chicago: CASEL. Retrieved from <https://casel.org/core-competencies/>.

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External links

[Collaborative for Academic, Social, and Emotional Learning \(CASEL\)](#)

For more information visit
beyou.edu.au

Community Notices

BECOME THE HEARTBEAT OF VINNIES

VOLUNTEER AT YOUR LOCAL VINNIES TODAY

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NUMURKAH VIC 3636
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VOLUNTEER

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Vinnies

NUMURKAH FOOTBALL NETBALL CLUB

NUMURKAH
BLUES

GIRLS & BOYS
IT'S TIME!!



FOOTY SEASON IS BACK!!

NUMURKAH JUNIORS BEGINS

Under 10's - Mark O'Callaghan (0415 101 247)
Nathan Morris (0447 533 248)

Under 12's - Greg Rogers (0409 436 629)
Liam Gledhill (0417 564 819)

Training begins Thursday 9th March at 4.30pm at the Numurkah Showgrounds.

All welcome!!

AUSKICK

Coming Term 2!



Katunga Football Netball Club Training and Registrations

The Katunga Football Netball Club wishes to advise that training has commenced, and registrations are open. Unfortunately, due to excessive numbers, registrations to play netball for 2023 are now closed, unless you have just moved to the area.

Please visit our website www.katungafnc.com.au or FaceBook page 'Katunga Football Netball Club' to stay up to date with training nights/times and to complete your registrations.

Football Training

Currently training Monday and Wednesdays

Seniors - 6:15pm start

Thirds - commencing Wednesday 1 February, 5:30pm start

Fourths - commencing Monday 6 February, 5pm start

Fifths - Date to be advised

Netball Training

Seniors - 6:00pm start, Monday and Thursdays

17/U's & 15/U's - Monday's only, 5pm start

13/U's & 11/U's - Date to be advised

AusKick and NetSetGo

AusKick and NetSetGo will again run this year during Term 2. Details on registering will be available towards the end of Term 1. Please keep an eye on our website, FaceBook page or TeamApp.

Anyone interested in coaching our AusKickers or NetSetGoers this year please get in touch, we'd love to hear from you! Sessions are all planned out for you so no qualifications necessary.

For further information please contact Rachael Howden on 0400 877 409 or katungafnc@outlook.com.



St Joseph's School - Newsletter

