

ST. JOSEPH'S SCHOOL

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Bulletin—Week 5 of Term 1, March 2 2023

Saint Mary MacKillop said,
"Never See a Need Without Doing Something About It!"
At St Joseph's We: Need to have a **Positive Attitude**
Need to be **Aware** and Need to Take **Action**.
Our next fortnight's Triple A Social Skill is **Leadership**
Our focus within the three areas are as follows
Attitude : Proud & Confident
Awareness : Of the Example I Set
Action : Being A Positive Role-Model

Dear Parents, Carers and Friend

Ash Wednesday & LENT

Ash Wednesday is a most important Holy Day in the Church's Calendar. Ash Wednesday begins Lent, a season where we focus on * what we can do to assist others * how we come to appreciate what we have and * how we can think of others through prayer.

We learnt about the day last Wednesday through our class sessions and now focus as a school on these three areas. We were marked with the sign of the cross in recognising the day.



School Advisory Council

Our AGM is the March 22 meeting. We may have one parent vacancy. Anyone interested is asked to fill out the form on the back page and return it to myself.

FUN RUN – This Sunday March 5

Register online @

<https://bit.ly/SJFunRun23>

Events for our school kids are :

5km run for the Big Timers
or Prep to Yr 2s a 1 km run and
Yr 3-6, a 2 km run.

Children can only enter one event.

Dates To Remember

Sunday March 5	FUN RUN
Monday March 13	Labour Day Holiday
Wednesday, March 15	P&F AGM
Friday, March 17	St Joseph's Feast Day
Wednesday, March 22	School Board AGM

Afternoon Assembly : Monday at 2:45

Mon 6th March: Leaders – Remi S Jorja S & Zeph R; Class – School Leaders
Mon 14th March: No Assembly due to Public Holiday

Tune into our YouTube channel to view our assembly

https://www.youtube.com/channel/UCChZR2nKzF_2muZtn1eJgg

ALL WELCOME !

LABOUR DAY HOLIDAY– MONDAY MARCH 13



Triple A News - Uniform

Welcome to Triple A News for 2022. Our Triple A Leaders for this year are Sam Altoft & Remi Storer. To start the year, we are having a blitz on wearing the correct school uniform.

Summer Uniform

The **Boys** uniform consists of navy shorts, blue & gold polo with logo, navy blue windcheater (gold stripe in the V with logo), navy broad brimmed hat with gold logo, navy socks with **all black** shoes/boots (**no Logos, Stripes etc. All Black**).

The **Girls** uniform consists of either school dress or navy shorts/skort with blue & gold polo with logo, navy blue windcheater (gold stripe in the V with logo), navy broad brimmed hat with gold logo, white socks with **all black** shoes/boots (**no Logos, Stripes etc. All Black**).

Summer Sports Uniform

- * *School sports navy shorts*
- * *White socks and runners for all*
- * *School Polo*
- * *School hats, with our school logo are the only hats to be worn*

We wear our uniform proudly in maintaining a high standard of presentation. We ask families to support this value. A simple note to the staff politely explains any short term variations.

Office News

PRIVACY POLICY

For access please visit our website.
www.sjnumurkah.catholic.edu.au.

SCHOOL FEES:

If any family would like to commence having their fees directly debited fortnightly or monthly this can be done at any time!

Next Fortnightly Debits: 10th & 24th March.

Monthly Debits take place on the **18th of each month** up to and including November.

If you have unexpected circumstances for the fortnight or month and need to stop a Direct Debit please note they are processed two days before the due date and so you will need to contact us prior to that, to put a stop on them.

EFTPOS and **CENTREPAY** are now a payment option. Please enquire at the office.

If you have any queries or concerns about your payment commitments, please do not hesitate to come in and speak to Paul. If you are wanting to amend your payment options, please do so ASAP. **The Term Planner can be viewed from the school website under news & events \ newsletters**

If you have any queries, please ring Gayle or Donna at the office on 5862 1804

Did you know that you can now notify the school of your child/ren's absence via PAM? It's easy! Just log into PAM and click on the Parent Notified Absences Icon



Parent Notified Absences
Click here to enter.

Rare Disease Day

On Tuesday, we celebrated Rare Disease Day by marking it with an out of uniform day with a gold coin donation, raising **\$254.50**! Students were encouraged to wear a colour of their choice and participated in classroom activities.

Ava's story:

Ava is 5 years old.

She started Prep this year.

Happy and excited like all of her peers, but still living under strict rules for every item of food and drink that enters her mouth.

Ava was diagnosed with a rare metabolic disease- Maple Syrup Urine Disease. "MSUD"

Thankfully for us, Ava was diagnosed via the newborn screening test- also known as the newborn bloodspot.

This is a test taken via 4 tiny drops of blood from a newborn's heel before they leave hospital.

Ava continues these tests at home, now from her finger, weekly. She also has blood tests carried out every 3 weeks to keep her leucine levels down. Because of this disease, Ava is only allowed to consume 15g of protein a day.

Any more than this amount and she could face brain damage by making her levels become toxic and "poisoning" her brain.

Most of her peers are very understanding and aware, as through early childhood care, her food was monitored and weighed.

Birthday parties are the trickiest thing for Ava, she can't eat your basic party foods.

Soon she will attend these by herself, but for now, Mum has to attend and be the food police for her.

Things like a restaurant dinner, road trip stops at fast food outlets etc are not easy. She can't eat these foods and we always have to carry food and be prepared.

Ava is generally Vegetarian, Dairy Free and Gluten Free.

She amazes us every day with how well she adapts to new foods, daily medications, blood tests and generally being told "no" to foods her brother and sister can eat.

It's not always joy and it's certainly not always fun, she has her moments of frustration watching people eat this and that when she cannot.

It takes a village, we are lucky we have a few people who understand her dietary needs and if needed, can trust them to take care of her.

Ava's goal, like most with a Rare Disease is to spread awareness, share her colours and ultimately find an equitable future for the millions of patients living with a rare disease.

To learn more, head to the Rare Disease Day website: <https://www.rarediseaseday.org>



Student of the Week

Sen S

Sonny Dunstone

For his outstanding commitment to his nightly reading, diary and GEM tasks. Keep it up Sonny!

Sen B

Jorja Sprunt

For always being a reliable and dependable student who sets a fantastic standard in the classroom.

Sen K

Callan O'Dwyer

For always completing his home learning tasks and continually showing leadership traits.

Sen T

Georgia Higgins

For making the effort to come to school every day and give each activity in the classroom a red-hot crack.

Mid H

Sophia McPherson

Leading by example in all she does!!

Mia Power

For her growth in confidence discussing and expanding numbers.

Mid M Tess McCracken

For her confident and diligent attitude towards her school work.

Jessica Green

For her excellent effort in persuasive writing, using convincing arguments and applying her knowledge of writing techniques.

Mid N Charlotte Wells

Welcome to St Joseph's and congratulations on a great start.

Edward Trimble

For all his hard work and focus during Math

Mid S Sienna Mulcahy

For arriving at school happy and positive. We love your beautiful smile!

Nathanael Hubbard

For making a conscious effort to practice good listening skills. Well done Nathanael!

Jun N Bridget Simmons

For being a kind and caring member of our class and always having a positive attitude.

Lewis Robertson

For the good choices he is making in class and challenging himself in all areas, great effort Lewis!

Jun P Jack Glass

For his excellent attitude and willingness to seek support when required. Well done Jack.

Brydie Lawless

For her positive attitude and willingness to participate in all learning focuses. Well done Brydie!

Jun O Zac Aldridge

For his amazing start to learning at St Joseph's. Love your 'Have a go' attitude and big smile!

Mia Thompson

For her increasing confidence in the classroom and giving all learning activities her best! Keep it up!

Jun W Zarli Burkitt

For being a kind and caring student who is always enthusiastic about her learning! Well done Zarli.

Elijah Watson

For the fun loving enthusiasm he brings to our classroom

Prep M Phoebe Weller-Knight

For starting each school day with a beautiful St Joseph's smile. Well done Phoebe!

Logan Burkitt

For being a fantastic listener during learning time and displaying a positive approach to all tasks.

Well done Logan!

Prep J Bede Brown

For being brave at school, showing a positive approach towards all learning tasks, and also for being kind and caring. Awesome Bede!

Pippa Harris

For showing a positive approach towards all learning tasks, and also for being well organised. Brilliant work Pippa!

Triple A Social Skill Award

This is awarded to students in each class who display excellence in the Triple A Social Skill that we focus on each week. At St Joseph's we need to have a positive **Attitude**, need to have **Awareness** & need to take **Action**.

Congratulations to the following students who received this social skill award in Week 4

Manners:

Willah Hitchcock, Mac O'Callaghan, Zoe Altoft, Marli Lyons, Billy Hicks, Oliver Tilley, Eva Russo, Zara Morris, Maya Curtis, Willa Schulz, Isabella Brassil, Riley Baker, Leni Edis and Lizzie Trimble.

Canteen

March

3rd Sheree Lawless, Tracey Erickson

6th Volunteer

7th Volunteer

8th Volunteer

9th Volunteer

10th Helen Osborne

13th Labour Day

14th Sarah Knight

15th Volunteer

16th Julia Campbell

17th Jody Tilley

20th **Volunteer**

21st **Volunteer**

22nd **Volunteer**

23rd *Rachel Robertson*

24th *Kim Thompson*

27th **Volunteer**

28th **Volunteer**

29th *Helen Osborne*

30th **Volunteer**

31st *Narelle Miller*

If you are unable to attend on your day, can you please arrange a swap with someone else or as last resort let Marcella know in advance, so she is aware that she has no helper that day. Also, please let Marcella know if you are free on a day when we need a volunteer; 1 hour would really help her out and your children love to see you helping out.

Outside School Hours Care

How fast is term one going?

It's almost Easter and we will be starting our Easter craft next week. We welcome Georgia Carkeek and Natasha Sutton to our team.. Not far away are our school holidays so if you are thinking of putting your child in be quick as last holidays we had very high numbers which was great.

Over January, Helen Osborne came in with all her Bee equipment and talked to the kids about bees. Bern Steward came in and did sewing with the children so we have lots of different activities during the holiday program.

Sue, Georgia, Julie and Natasha.



Community Notices

Katunga Football Netball Club Training and Registrations



The Katunga Football Netball Club wishes to advise that training has commenced, and registrations are open. Unfortunately, due to excessive numbers, registrations to play netball for 2023 are now closed, unless you have just moved to the area.

Please visit our website www.katungafnc.com.au or FaceBook page 'Katunga Football Netball Club' to stay up to date with training nights/times and to complete your registrations.

Football Training

Currently training Monday and Wednesdays

Seniors – 6:15pm start

Thirds – commencing Wednesday 1 February, 5:30pm start

Fourths – commencing Monday 6 February, 5pm start

Fifths – Date to be advised

Netball Training

Seniors - 6:00pm start, Monday and Thursdays

17/U's & 15/U's – Monday's only, 5pm start

13/U's & 11/U's – Date to be advised

AusKick and NetSetGo

AusKick and NetSetGo will again run this year during Term 2. Details on registering will be available towards the end of Term 1. Please keep an eye on our website, FaceBook page or TeamApp.

Anyone interested in coaching our AusKickers or NetSetGoers this year please get in touch, we'd love to hear from you! Sessions are all planned out for you so no qualifications necessary.

For further information please contact Rachael Howden on 0400 877 409 or katungafnc@outlook.com.

Could \$500 help with next year's back to school costs?

Learn tips and tricks to grow your budget and saving skills. Save for 10 months. Get up to \$500 of matched savings for school expenses. Just in time for 2024.

Must meet all eligibility criteria:



- ✓ Have a current Health Care or Pensioner Concession Card AND an eligible Centrelink payment*
- ✓ Be studying yourself OR have a child in school (can be starting school next year)
- ✓ Have regular income from work (either yourself or your partner)*
- ✓ Be 18+ years old

*Many types of income and Centrelink payments are eligible



For more info, visit saverplus.org.au or call 1300 610 355.
To fill in an online enquiry form, [CLICK HERE](#).

NUMURKAH FOOTBALL NETBALL CLUB



GIRLS & BOYS
IT'S TIME!!



FOOTY SEASON IS BACK!!

NUMURKAH JUNIORS BEGINS

Under 10's - Mark O'Callaghan (0415 101 247)
Nathan Morris (0447 533 248)

Under 12's - Greg Rogers (0409 436 629)
Liam Gledhill (0417 564 819)

Training begins Thursday 9th March at 4.30pm at the Numurkah Showgrounds.

All welcome!!

AUSKICK

Coming Term 2!



NUMURKAH DISTRICT SOCCER CLUB

invites you to our



Come & try nights



Wednesday 1st, 8th March

4:30-5:30pm

Numurkah Showgrounds

Kinderoo, u6, u7, u8, u10, u12, Open Girls.

All teams train Wednesdays 4:30-5:30pm– Numurkah ,
Games are Saturdays in Shepparton.

No games public holidays or school holidays.

Season: April– September 2023

FEES: \$130 per player + uniform.

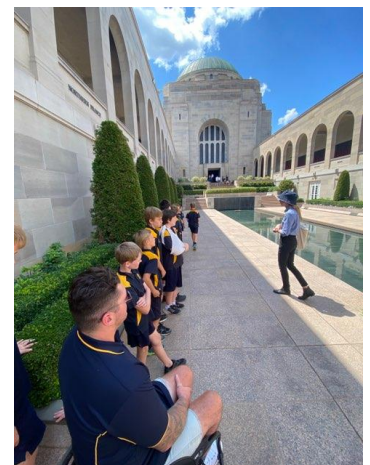
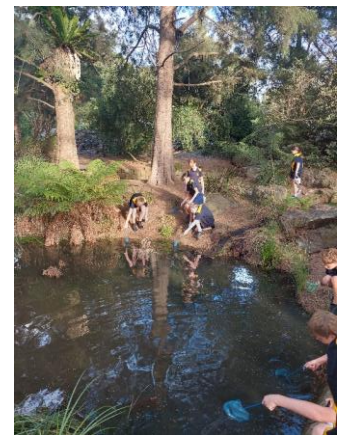
Inquiries please contact Kristie 0450889574 or Kat 0477222031
Email: numurkahjuniorsoccer@gmail.com



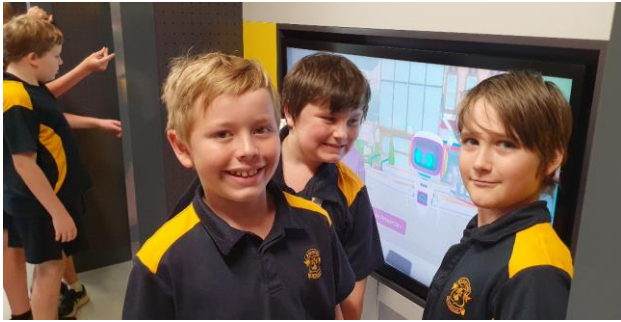
Follow us

Senior Camp

Lots of great action, learning activities and fun with the Seniors at Canberra.



St Joseph's School - Newsletter



School Advisory Committee Nomination

St. Joseph's School Advisory Council Nomination form for a position on the School Advisory Committee.

I

Nominate

Signed (Nominator)

Seconded by

Signed (Nominee)

To be returned to the School Office by Friday 17th March.