

St Joseph's School

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Bulletin—Week 1 of Term 4, 6th October 2022

Saint Mary MacKillop said,
"Never See a Need Without Doing Something About It!"
At St Joseph's We: Need to have a **Positive Attitude**
Need to be **Aware** and Need to Take **Action**.
Our next fortnight's Triple A Social Skill is **Tact**
Our focus within the three areas are as follows
Attitude : Being Sensitive
Awareness : Understanding Situations
Action : Thinking Before You Act

Dear Parents, Carers and Friends,

Welcome all to our last term of Living and Learning for 2022. Our Planner is attached and reveals a full term of activities that add to the most important Daily Living and Learning Routines. It will surely fly.

I also have the pleasure of welcoming a new staff member for next year, namely James Pruden. James worked with us earlier in the year and will surely be another outstanding member of our Brilliant Staff Team.

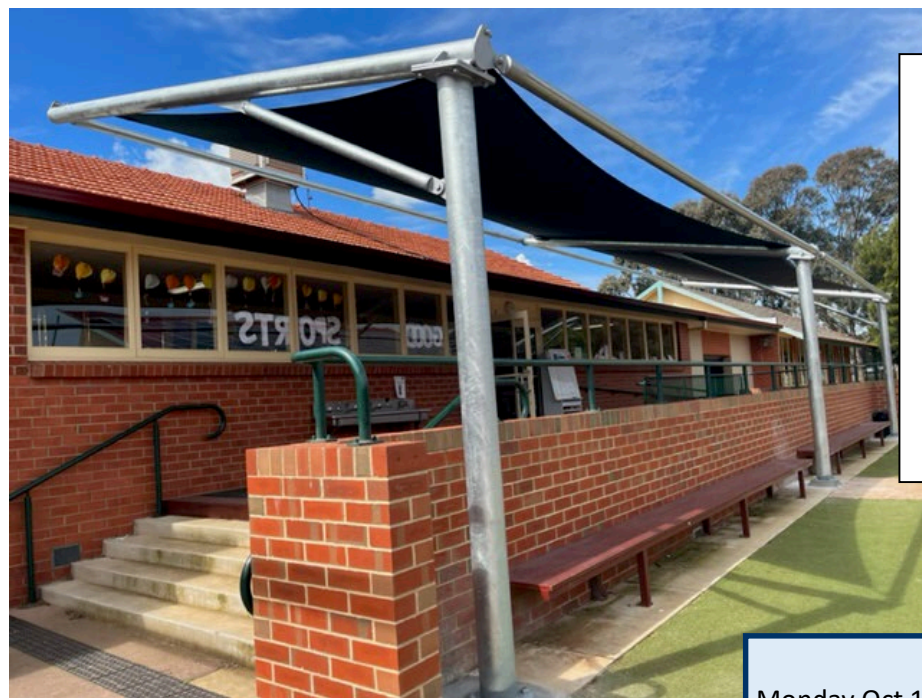


Congratulations to The Geelong Cats and their school supporters. And Maisie led the school in dance to finish up Term 3.



Numurkah Show Holiday - Wednesday, October 19 – Pupil Free Day





New Shade Sail

Works around our school continued over the holidays. We installed shade over the Junior West Deck. It cost \$35K. \$25k of this was a grant from the State Government's "School Shade Sails Program" Great Result !!!

Uniform & Presentation

We now change to Summer Uniform and ask that all of our children wear the prescribed uniform proudly in maintaining our high standards of presentation. This also includes hair styles and ties, jewellery and nail polish— keep it neat, keep it simple !

Reminder - Shoes are to be ALL BLACK

Summer Uniform – Boys

- Navy shorts & navy socks
- Blue and gold polo-shirt with logo
- Navy blue school windcheater
- Navy blue broad brimmed hat with gold logo (stiff brims)
- Black shoes/boots

Summer Uniform – Girls

- School dress – small multi-check material, cuff & collar made from same material & navy buttons
- Navy shorts and white socks
- Blue and gold polo-shirt with logo
- Navy blue school windcheater
- Navy blue broad brimmed hat with gold logo (stiff brims)
- Black shoes/boots

Dates To Remember

Monday Oct 10	Division Aths Shep
Wednesday Oct 19	Numurkah Show Day Holiday
Friday Oct 21	Music Expo -See attached Flyer
Tuesday Oct 25	Prep/Junior Excursion
Thurs/Fri Oct 27 & 28	Juniors Sleepover / Activities
Monday Oct 31	Pupil Free Day–Report Writing
Tuesday Nov 1	Melbourne Cup Holiday
Wed/Thurs Nov 2 & 3	Middles Camp



Cadell and Molly wear their Summer Uniform proudly.

Live Life To The Fullest In Christ

Paul Arnel - Principal

Afternoon Assembly : Monday at 2:45

Yr 6 Leaders & Class Prayer

October 10 : Mathilda, Konnar & Toby; Sen B & S

October 17 : Jess, Daniel & Matilda; Sen Sen K & T

You can watch it live by tuning into our YouTube channel.

https://www.youtube.com/channel/UCChZR2nKzF_2muZtn1eJgg

ALL WELCOME !



Dear St Joseph's Community Members,

We are excited to announce that we are about to launch the Dogs Connect program in our school. This is a whole school wellbeing program which will see the introduction of a wellbeing dog in our community. Our school wellbeing dog will become a much loved and important member of our community.

The Dogs Connect program will support us in implementing this very gradually, thoroughly, and considerately. At this stage we encourage anyone who would like to know more about this program to look through the website and video links below:

<https://dogsconnect.net.au>

[Community Introduction Video](#)

We are very excited to be introducing our wellbeing dog in the near future. We have a team of staff who will lead this program. We look forward to sending more information in the coming weeks. We would also like to assure the community that this program will not involve anyone who does not wish to be involved. We know that this work will have a really positive impact on many people in our community, and we acknowledge and respect that connection with our wellbeing dog will be offered on a great variety of levels.

Office News

PRIVACY POLICY

For access please visit our website. www.sjnumurkah.catholic.edu.au.

SCHOOL FEES:

Next Fortnightly Debits: Oct 7 & Oct 21.

Monthly Debits take place on the **18th of each month** up to and including November.

If you have unexpected circumstances for the fortnight or month and need to stop a Direct Debit please note they are processed two days before the due date and so you will need to contact us prior to that, to put a stop on them.

EFTPOS and **CENTREPAY** are now a payment option. Please enquire at the office.

We are setting up next year's fees in the coming weeks, so if you wish to change your payment plan, please contact the office.

If you have any queries or concerns about your payment commitments please do not hesitate to come in and speak to Paul. If you are wanting to amend your payment options please do so ASAP.

The Term Planner can be viewed from the school website under news & events \ newsletters

If you have any queries, please ring Gayle or Donna at the office on 5862 1804

Senior News

PRODUCTION

Lights, camera, action! On Thursday 15th September, some of our creative Senior Students presented our 2022 production "SuperKids". We are very proud of our students who gave their all in producing a quality show for their audience. Well done!



VOLCANOES

In Term 3, Senior Students researched and were taught about many famous Volcanoes around the world. The unit started with students being taught about how volcanoes are formed and erupt, ending with students modelling their own volcanoes on famous ones around the world. The best part was being able to make them erupt in front of all the kids at school. From all the conversations that the students had over the time, they seemed to really enjoyed the unit and learnt some great facts.



Years 3-6 Athletics Carnival

After 2 COVID interrupted years, we were finally able to bring some smiles to the students' faces and allow them the opportunity to compete and shine in the Athletics Carnival.

Firstly, it was the Prep to Grade 2's who displayed their skills immediately after a very successful Fathers' Day Breakfast. As preparation for later Years, students were given 15 minute timeslots to Run, Jump and Throw across 6 different events. The day concluded with an exciting 5 per team House Relay, which showcased the running ability of our best performers.

The following Friday, it was time for the Seniors and Middles to shine. Despite torrential rain leading in, the Oval stood up well, and enabled us to complete a marvellous day. All Events were measured and recorded in order to select a Team to represent the School at the Division Championships in Shepparton on Monday 10th October. After an exciting and hard fought relay to complete the day, Cremin House were again crowned Champions.

A huge thankyou must be given to our Teaching staff who continue to go above and beyond for the benefit of our students, and to our 15 wonderful S.M.O.T.A. volunteers. As ex-students, it's a great tradition to see them return and give back in the manner they do.

Shane Merkel

The following students will be representing St. Joseph's in Shepparton on Monday October 10th. We wish them luck!

9/10 Years

Lenny Keane
Jasper Brown
Indi Rodda

Tyler Burkitt
Aiden Power

Sonny Dunstone
Sophia McPherson

Alex Chmiel
Rahni O'Callaghan

11 Years

Hayden Feltham
Jorja Sprunt

Jack Keane

Sophie Rosemeier

Georgia Robertson

12 Years

Peter Bau
Mason Alexander
Jamieson Shelton

Daniel Schreenan
Bailey Power
Erin McPherson

Samuel Brown
Chase Rodda
Ivy O'Dwyer

Toby Bell
Jess Laidlaw





Middle Marble Run

On the second last day of school the Year Three's and Four's held their Marble Run expo. Over the term, we have been learning about forces such as gravity and friction. We used this knowledge to create our Marble Run. The challenge was to make the Marble Run as close to ten seconds as possible. There were also other rules. Our build had to change directions and had to use different surfaces, including an example of using friction. It took a lot of trial and error to get our Marble Runs finished. There were a lot of unique Marble Runs, some students even used our 'Space' theme in their design. I even saw a trap door and funnel included in the designs. This was great fun!

Toby Hansen





Canteen

October

7th Sheree Lawless

10th Fiona McPherson

11th Volunteer

12th Volunteer

13th Volunteer

14th Helen Osborne

17th Volunteer

18th Volunteer

19th Closed - Numurkah Show

20th Julia Campbell

21st Volunteer

24th Volunteer

25th Volunteer

26th Volunteer

27th Rachel Robertson

28th Kim Thompson

If you are unable to attend on your day, can you please arrange a swap with someone else or as a last resort let Marcella or Donna know in advance, so they are aware that they have no helper that day. If you are unable to commit to a permanent day each month but are available to help out when you see a volunteer required, please call Marcella 0409 622 589.

Lost Property

There are lots of Jumpers, drink bottles containers in lost property. We also have several valuable winter jackets; please see the office with a description (size, colour, brand) so that we can return them to their rightful owners.

Please come and check for any lost items before Friday 14th October. After this date, all items will be donated to Vinnies.



Parents 7 Friends – 2nd Hand Uniforms



Saint Joseph's Primary School
Parents And Friends
Second Hand Uniform Price List

Winter Uniform

Item	Recommended Retail Price*	Condition	Discount	2nd Hand Price (round to nearest \$)
Polo T-Shirt	\$25.50	Very Good	50%	\$13
		Good	70%	\$8
		Fair	90%	\$3
Windcheater	\$45.50	Very Good	50%	\$23
		Good	70%	\$14
		Fair	90%	\$5
Winter Unisex Pant	\$43.99	Very Good	50%	\$22
		Good	70%	\$13
		Fair	90%	\$4
Winter Skirt	\$68.99	Very Good	50%	\$34
		Good	70%	\$21
		Fair	90%	\$7
Winter Sports Track Pant	\$39.99	Very Good	50%	\$20
		Good	70%	\$12
		Fair	90%	\$4
Winter Hat Beanie	\$10.50	Very Good	50%	\$5
		Good	70%	\$3
		Fair	90%	\$1

*R.R.P. from McPherson's Mensland as of 08-04-2022

Very Good Near new condition.
Good Minor wear and tear.
Fair Will have general wear and tear marks, including small stains or tears, fading or pulls, may have a missing button/s (replacement/s supplied) - please check to see if minor repairs are needed.

Updated Winter 2022

Community Notices

Numurkah Lawn Tennis Club Junior Tennis Program 2022-23

HOT SHOTS PROGRAM

Fun Junior Hot Shots program
5-10 y/o (Guide only, groups based on ability)
5PM onwards
30 minute sessions
\$80 for the 12 week program
Starts: Thursday 27th October

SATURDAY MORNING COMPETITION

Rd 1 Starts the 22nd October 2022
8.45am Warm up, 9am Start
Positions based on ability
12 weeks of comp PLUS FINALS
\$100 for entire comp inc. Full Junior Club M'Ship
Come and practice anytime
Training sessions will be Thursday nights 5-6pm.

HOW DO I REGISTER TO PLAY?

All at the Numurkah Lawn Tennis Club:
Registration for all Junior Tennis is on:
Saturday 15th October 9-11am
Which will incorporate
Practice and grading for new Saturday comp players
And also
Thursday 20th October 5-6pm

Registration forms available
at all registration sessions

Private Lessons also available
For inquiries please call Andrew Storer on
0408621984, or Mark Mills on 0429307373

Vegetable Frittata



Prep time: 5 minutes
Cooking time: 35 minutes
Serves: 4

Ingredients:

- Olive oil spray
- 1 tbsp olive oil
- 500g frozen stir-fry vegetable mix, thawed (if you can include fresh vegetables of your choice instead that's even better)
- 6 eggs
- 125ml (1/2 cup) milk
- Mixed salad leaves to serve

Method:

- Step 1:** Preheat oven to 180°C. Spray a 20cm (base measurement) square cake pan with oil. Line base and sides with baking paper.
- Step 2:** Heat oil in a large non-stick frying pan over medium-high heat. Stir-fry the vegetables for 3 minutes or until soft. Transfer to the prepared pan.
- Step 3:** Whisk eggs and milk in a bowl until combined. Season with salt and pepper. Pour over the vegetables. Bake for 25-30 minutes or until set and light golden.
- Step 4:** Set aside for 10 minutes to cool slightly. Serve with salad leaves.



Save Time

- Bake on the weekend and refrigerate
- Include your other favourite colourful veggies you already have at home!





YOUTH GROUP
2ND AND 4TH SUNDAY OF THE MONTH.
5PM TO 6PM
Open to Primary and Secondary Kids.
At Numurkah Anglican Church Parish Centre.
For more info:
Email numurkahanglicans@gmail.com
Phone 03 5862 3464
ALL WELCOME



**SATURDAY 22ND
OCTOBER 2022**
5.00pm - 10.00pm
Allan Street Kyabram

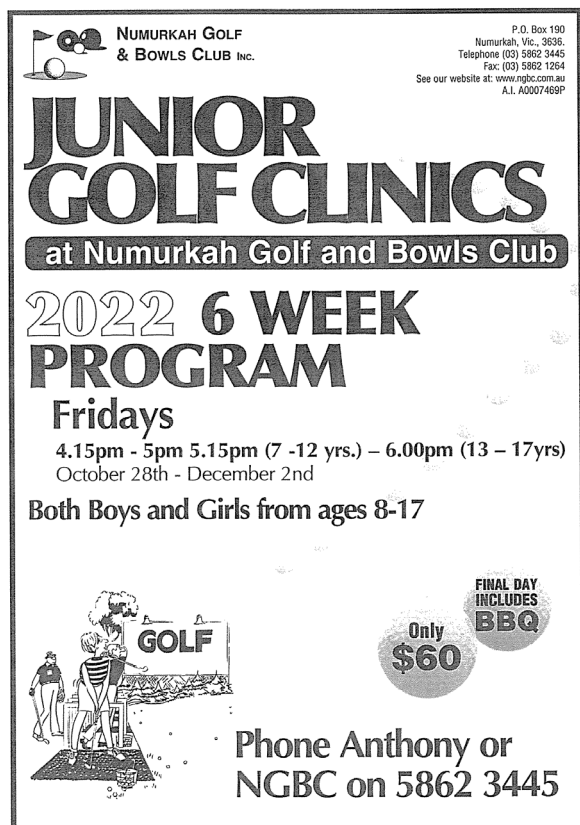
FREE ENTRY
STREET DINING
CHILDREN'S ACTIVITIES

TASTES TUNES

Featuring Live Music:
Bodhi Hawken
Jayne Lilford
BAKER BOYS BAND

Proudly Supported by
Kyabram Shire Council
Kyabram Club
Community Bank
GARDINER FOUNDATION
Campaspe Shire Council

For more information scan QR Code



NUMURKAH GOLF & BOWLS CLUB INC.
P.O. Box 190
Numurkah, Vic., 3636.
Telephone (03) 5862 3445
Fax: (03) 5862 1264
See our website at: www.ngbc.com.au
A.I. A0007469P

JUNIOR GOLF CLINICS
at Numurkah Golf and Bowls Club

2022 6 WEEK PROGRAM
Fridays
4.15pm - 5pm 5.15pm (7 -12 yrs.) - 6.00pm (13 - 17yrs)
October 28th - December 2nd
Both Boys and Girls from ages 8-17

Only \$60
FINAL DAY INCLUDES BBQ

Phone Anthony or NGBC on 5862 3445

NUMURKAH GOLF & BOWLS CLUB INC.

JUNIOR GOLF ENROLMENT

**6 week starter program for boys and girls
October 28th - December 2nd**

First Name: Male / Female
Address: Postcode:
Telephone:
Mobile:
Email:
Date of Birth:

PARENTS/GUARDIANS:
Name:
Relationship:
I wish to enrol my child in the junior golf program conducted by the Numurkah Golf and Bowls Club

Signature of Parent/Guardian: Date:

Please put this completed form with payment of \$60 in an envelope marked "Junior Golf" and hand it in to the pro shop at Numurkah Golf and Bowls Club.

Music Expo

MUSIC EXPO 2022

OCTOBER
21ST
FRIDAY



Cola Shed (adjacent to netball courts) 2:15pm-3:15pm Featuring

2:20 pm THE PREPS Performing 'Another Cup Of Tea' by Peter Combe

2:30 pm THE JUNIORS - performing Home Among The Gum Trees

2:40 pm THE MIDDLES - performing Rip Rip Woodchip by John Williamson

2:45 pm Isabelle Hangan - performing 'Show Yourself' By CG5

2:50 pm Bailey Harmer & Mr Harber - performing Nirvana classics

3:00 pm YEAR 6 - performing Brave & Fly Away

3:10 pm Music Expo Concludes

CANTEEN PRICE LIST TERM 4, 2022

CLEARLY WRITE NAME AND CLASS ON PAPER BAG ORDERS AND PLACE IN CLASSROOM TUBS

PLEASE ENSURE ALL GLUTEN FREE OR DAIRY/LACTOSE FREE ORDERS ARE CLEARLY MARKED

SANDWICHES-WHITE OR MULTIGRAIN BREAD ROLLS WHITE, WHOLEMEAL OR MULTIGRAIN)

GLUTEN FREE BREAD OPTION (rolls/sandwiches/Wraps/toasties) 50c extra

Buttered/Dairy free spread \$1.50	Salad (no meat) \$3.50	Chicken (real BBQ) \$4.00
Ham \$3.00	Chicken & Cheese \$4.50	
Vegemite \$2.00	Ham & Cheese \$3.50	Chicken & Salad \$5.00
Vegemite Gluten Free \$2.00	Ham, Cheese & Tomato \$4.00	Egg \$2.50
Cheese \$2.50	Ham & Salad \$5.00	Egg & Lettuce \$3.00
Cheese Dairy/Lactose Free \$3.00		

WRAPS (Gluten free available, 50c extra) - Chicken & Salad \$5.00
 - Ham & Salad \$5.00

Salad consists of lettuce, cheese, cucumber, carrot, tomato & beetroot
 Please note on order if you want to leave a salad item out or want to add mayo, aoli, tomato or bbq sauce
 Salad in a container *GF \$4.00
 Salad & meat in a container *GF(chicken or ham, please choose) \$5.00

HOT FOOD OPTIONS

TOASTIES (Everyday) Note on order if you choose to have your sandwich toasted

MONDAY **Steamed Dim Sims** – Choice of Soy, tomato or BBQ sauce \$1.00
{each}

WEDNESDAY **Chicken Souvlaki** -Greek seasoned chicken breast strips served
 On a warm wrap with your choice of lettuce, cheese, tomato, tomato
 Sauce, mayo or tzatziki \$5.00

FRIDAY **Vegetarian Nachos** – GF Corn chips, cheese, sour cream small \$3.00
 homemade salsa with zucchini, carrot, garlic and tomato large \$4.00

FRESH FRUIT CUPS (with or without greek yoghurt) \$3.00

SMOOTHIE mixed berry/banana (choose between dairy or orange juice base) \$3.00

300ml Plain Milk \$2.00 250ml Water \$1.50

WINDOW ITEMS – purchased through canteen window after 2nd bell

*GF=Gluten Free *NF= Nut Free

Frozen Orange	*GF *NF	50c	Plain chips	*GF *NF	\$1.00
Frozen Pineapple Ring	*GF *NF	50c	Rice Biscuits	*GF	\$1.00
Popcorn	*GF	\$1.00	True Fruit Bars	*GF *NF	\$1.00
Home Baked Treat (flavour changes without notice)		50c	(limit of 2, subject to availability)		
Homemade Icpole	*GF *NF	\$1.00	various flavours available (select at window)		



ST JOSEPH'S TERM 4

2022

	Week 1 3 - 9 Oct	Week 2 10 - 16 Oct	Week 3 17 - 23 Oct	Week 4 24 - 30 Oct	Week 5 31 Oct - 6 Nov	Week 6 7 - 13 Nov	Week 7 14 - 20 Nov	Week 8 21 - 27 Nov	Week 9 28 Nov - 4 Dec	Week 10 5 - 11 Dec	Week 11 12 - 18 Dec
Mon	3 Oct SCHOOL RESUMES	10 Oct Ass : SenB&S	17 Oct Ass : Sen K&T	24 Oct Ass : Jun N&S	31 Oct REPORT WRITING Pupil Free Day	7 Nov SENIOR CAMP BORAMBOLA Ass : Jun A&W	14 Nov Ass : Mid N&O	21 Nov Ass : Mid M&H	28 Nov Ass : Stud Leaders	5 Dec Ass : Stud Leaders	12 Dec Ass : Prep Nativity
Tues	4 Oct	11 Oct	18 Oct	25 Oct PREP EXCURSION JUNIOR EXCURSION	1 Nov Melbourne Cup Holiday	8 Nov SENIOR CAMP BORAMBOLA	15 Nov	22 Nov	29 Nov Whole School Orientation Day	6 Dec	13 Dec
Wed	5 Oct	12 Oct P&F Meeting	19 Oct Numurkah Show Holiday	26 Oct School Board Meeting	2 Nov MIDDLE CAMP VALLEY HOMESTEAD	9 Nov SENIOR CAMP BORAMBOLA	16 Nov	23 Nov	30 Nov	7 Dec School Board / P&F Meeting	14 Dec Graduation
Thurs	6 Oct Bulletin	13 Oct	20 Oct	27 Oct JUNIORS : Yr 1 After School Yr 2 Sleepover DITTO	3 Nov MIDDLE CAMP VALLEY HOMESTEAD Bulletin	10 Nov SENIOR CAMP BORAMBOLA	17 Nov Newsletter	24 Nov	1 Dec TWILIGHT SPORTS Bulletin	8 Dec Final Newsletter	15 Dec Last Day for Children
Fri	7 Oct	14 Oct	21 Oct Newsletter	28 Oct JUNIOR INCURSION SKILL ZONE	4 Nov	11 Nov Remembrance Day	18 Nov Daniel Morcombe Walk 2 School *Advent Liturgy 1	25 Nov Advent Liturgy 2	2 Dec Advent Liturgy 3	9 Dec Advent Liturgy 4	16 Dec Last Day for Staff
Sat	8 Oct	15 Oct	22 Oct	29 Oct	5 Nov	12 Nov	19 Nov	26 Nov	3 Dec	10 Dec	17 Dec
Sun	9 Oct	16 Oct	23 Oct	30 Oct	6 Nov	13 Nov	20 Nov	27 Nov 1st Sunday Of Advent	4 Dec 2nd Sunday Of Advent	11 Dec 3rd Sunday Of Advent	18 Dec 4th Sunday Of Advent

Last Day of School for Children – Thursday December 15
School Closes – Friday December 16