

St Joseph's School

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Bulletin—Week 5 of Term 2, 26th May 2022

Saint Mary MacKillop said,
"Never See a Need Without Doing Something About It!"
At St Joseph's We: Need to have a **Positive Attitude**
Need to be **Aware** and Need to Take **Action**.
Our next fortnight's Triple A Social Skill is **Forgiveness**
Our focus within the three areas are as follows
Attitude : Being Open To Forgiveness
Awareness : That Relationships Need To Be Rebuilt
Action : The 4 Steps Of Reconciliation

Today is National Sorry Day – we begin with a Prayer

Lord, open up our hearts so that we may hear the message you teach of a world in which the wrongs of the past are recognised - a world in which a reconciled people walk and talk together sharing stories; a world in which all burn with the desire to have your peace and justice reign.

We ask this in Jesus' name. Amen



School COVID Protocols

Looks like it might be a Long Winter. We have a small number of Covid Cases through the school and a staff member or two out at a time. This mixed with flu like symptoms makes every day a new day. But that's ok – it's better than the alternative.

Thank you all so much for your patience and understanding in picking sick children up or keeping them at home. At the end of the day, **we need to look after our staff as much as possible because no staff means no school** (Shep schools are starting to close year levels)

Here's the latest rules update :

- Keep testing if it's in the house. We'll keep sending the kits home. Let us know if you need more.
- Isolate for 7 days if you're positive
- Test every day for the week if you're a Household Contact
- Keep the children home if they have **any symptoms**

Please keep sick kids at home – we need a cautious approach !

Let's set our sights on a mini break in two weeks time

PUPIL FREE DAY– Friday June 10

QUEEN'S BIRTHDAY HOLIDAY – Monday June 13



School Uniform - WINTER

It's been a mild start to Term 2 but next week it looks like Wintery Conditions will be with us. So Full Winter Uniform is now to be worn. All items can be purchased from Mensland or from our Second Hand Uniform Shop.

Remember, shoes are to be all black (no logos, no little coloured bits etc ... then no arguments).

Winter Uniform – Boys

- Long navy pants & navy socks
- Blue and gold polo-shirt with logo
- Navy blue windcheater
(gold stripe in the "V" neck & embroidered gold logo – track & field material)
- Black shoes/boots
- School Beanie (optional)

Winter Uniform – Girls

- Kilt (with no pin) & navy tights (the kilt is optional)
- Navy slacks
- Navy or white socks
- Blue and gold polo-shirt with logo
- Navy blue windcheater
(gold stripe in the "V" neck & embroidered gold logo – track & field material)
- Black shoes/boots
- School Beanie (optional)

Winter Sports Uniform

- Tracksuit pant – Navy track & field pant (double or single knee – track & field material) OR
- Navy knit shorts or girls may also wear navy netball skirt
- White socks
- Blue and gold polo-shirt with logo
- Navy blue windcheater
(gold stripe in the "V" neck & embroidered gold logo – track & field material)



Myla & Bailey proudly wearing our winter uniform.

MONDAY - May 30
UNIFORM BLITZ

Afternoon Assembly : Monday at 2:45

Yr 6 Leaders & Class Prayer

May 30 : Daniel S, Harrison S, Preston P & Peter B; Mid M & H

June 6 : Chase L, Sol F & Sophie R; Jun A & W

You can watch it live by tuning into our YouTube channel.

https://www.youtube.com/channel/UCChZRa2nKzF_2muZtn1eJqg

The link can also be found on our school website and is the same link for ALL Assemblies !

St VINNIE'S WINTER APPEAL

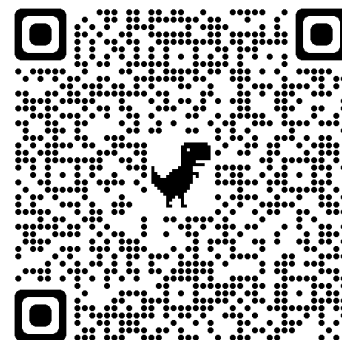
We ask each family to send along New or Clean 2nd Hand Items of bedding eg sheets, doonas, blankets as part of the St Vinnies Winter Appeal. We will present our collection at Monday, June 20 Assembly.

Sacramental Program

The sacramental program shall begin this term. Notes were sent home to Year 3 families. Please scan the QR code and complete the Google Form by Friday May 27th stating your intention to commit to the Sacramental Program for 2022. A copy of your child's Baptismal Certificate can be emailed to the office if you haven't already supplied the school with a copy on enrolment.

Liam Booth

RE Coordinator



Office News

PRIVACY POLICY

For access please visit our website. www.sjnumurkah.catholic.edu.au.

SCHOOL FEES:

If any family would like to commence having their fees directly debited fortnightly or monthly this can be done at any time!

Next Fortnightly Debits: 3rd & 17th June.

Monthly Debits take place on the **18th of each month** up to and including November.

If you have unexpected circumstances for the fortnight or month and need to stop a Direct Debit please note they are processed two days before the due date and so you will need to contact us prior to that, to put a stop on them.

EFTPOS and **CENTREPAY** are now a payment option. Please enquire at the office.

If you have any queries or concerns about your payment commitments, please do not hesitate to come in and speak to Paul. If you are wanting to amend your payment options please do so ASAP.

The Term Planner can be viewed from the school website under news & events \ newsletters

If you have any queries, please call Gayle or Donna at the office on 5862 1804

Division Cross Country

On Friday 13th May, we sent a strong team of 11 X-Country runners to compete at the Division Championships in Shepparton.

All runners performed admirably and represented the school wonderfully. Most runners finished near the front for their age groups, but only the first 12 across the line qualified for the Hume Region Finals to be held in Benalla on June 17th.

Those to progress were Alex Chmiel (1st place – 9/10 Boys), Tyler Burkitt (4th place - 9/10 Boys) and Georgia Robertson (3rd place - 11 Girls).

We wish them the best of luck as they attempt to now qualify for the State Finals.



Lost Property

We have an abundance of **jumpers**, drink bottles & containers etc in Lost Property. Please come & check for any lost items. Please ensure all clothing & items are clearly **labelled** so that we can return your items to your child. Some jumpers handed in are labelled with past students. If you have purchased 2nd hand jumpers, please remember to update the name so it can be returned.



Second Hand Uniforms

If you wish to purchase second hand uniforms, please see Marcella in the canteen or Donna & Gayle in the office. All items are in good condition, clean and very reasonably priced. Donations of good quality items are always welcome and can be left at the school office. All money goes to the Parent & Friends Association.



Canteen

27th Kim Thompson

30th Volunteer

31st Volunteer

June

1st Volunteer

2nd Sarah Burkitt

3rd Sheree Lawless

6th Volunteer

7th Volunteer

8th Sarah Trimble

9th Volunteer

10th Pupil Free Day

13th Public Holiday

14th Volunteer

15th Volunteer

16th Julia Campbell

17th Kimberly McPherson

20th Volunteer

21st Volunteer

22nd Volunteer

23rd Rachel Robertson

24th Kim Thompson

If you are unable to attend on your day, can you please arrange a swap with someone else or as a last resort let Marcella know in advance, so she is aware that she has no helper that day. If you are unable to commit to a permanent day each month but are available to help out when you see a volunteer required, please call Marcella.

Community Notices

New Students Welcome!

Learn the art of Shotokan Karate

Open for all ages 5 to 105 Qualified Instructor
We train - Traditional classes every Tues / Fri 5:30pm - 6:30pm
- Sports Karate every Sunday 4:00pm - 5:00pm

Shotokan Karate
Budokai - Victoria

KARATE
CLASSES
NUMURKAH



Advantages

- ✓ Qualified Instructor
- ✓ Improved Confidence
- ✓ Practical Self Defense
- ✓ Increased Strength
- ✓ Increased Flexibility
- ✓ Increased Fitness
- ✓ Sharper Mind
- ✓ Reduced Stress

More details

Sensei Steve - 0467 714 823



<https://www.facebook.com/Shotokan-Karate-Budokai-Victoria-101704472455288>

sahern39.wixsite.com/skbvictoria



ABOUT US

A school to promote and teach traditional Japanese Shotokan Karate, that is spirited and strong. The wisdom and confidence gained from these solid foundations can then be applied in the art of self defense and competitive sport.



Prep time: 20 minutes
Cooking time: 20 minutes
Makes: 24 small pieces

Ingredients:

- 1 1/2 cups sushi rice
- 2 tbsp rice wine vinegar
- 1 tsp caster sugar (optional)
- 4 nori sheets
- 1 Lebanese cucumber, cut into matchsticks
- Approx. 185g thinly sliced tofu or tuna
- 1 medium grated carrot
- Salt-reduced soy sauce to serve

Sushi

Method:

Step 1: Rinse and drain rice 3 times or until water runs clear.

Step 2: Cook rice as per directions on the packet. Remove from the heat and leave covered for 10 minutes.

Step 3: Mix the sugar (if using) with the vinegar and add to the cooked rice, stirring to break up lumps. Allow the rice to cool.

Step 4: Place 1 nori sheet, shiny-side down, on a sushi mat. Using damp fingers, spread 3/4 cup rice over nori, leaving a 2cm strip at 1 short end. Arrange one-quarter cucumber, tofu (or tuna) and carrot over the rice. Using the sushi mat, roll up firmly to form a roll. Cut into 6 slices. Repeat with remaining nori sheets, rice, cucumber, tofu (or tuna) and carrot. Pack in a lunch box with a small container of soy sauce.

- Get your kids involved for a Sunday fun day activity ready for lunch on Monday
- Use leftover rice from the night before
- Use lint-free large hand towel to replace sushi mat



NCN Health | Nathalie Cobram Numurkah



more4moira

