

# ST. JOSEPH'S SCHOOL

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## Newsletter—Week 3 of Term 1, February 11th 2021

Saint Mary MacKillop said,  
"Never See a Need Without Doing Something About It!"  
At St Joseph's We: Need to have a **Positive Attitude**  
Need to be **Aware** and Need to Take **Action**.  
Our next fortnight's Triple A Social Skill is **Manners**  
Our focus within the three areas are as follows  
**Attitude** : Being Polite  
**Awareness** : Knowing Good Manners  
**Action** : Using Good Manners eg Please / Thank You

### Dear Parents, Carers and Friends

Great start to our New School Year! The kids have settled beautifully, I thank our amazing staff for their work in knowing the children so well and being ready to work with and cater for their needs. I hope you took advantage of the opportunity to meet your child/ren's teacher/s this week to get the year rolling. Monday's Swim Carnival was a fun day of action, thanks again to our staff and congratulations to our boys and girls who participated so positively. Our attention now turns to tomorrow's Beginning of Year Mass and Leader's Induction! Only Year 6 students along with their families and friends are invited to attend on-site in the MacKillop Centre for a 9:30am start. The Mass will be livestreamed into classrooms and is available for all at home and work. It can be accessed via:  
<https://youtu.be/JPKgYsyKApc>

### Car Park Drop Off and Pick Up Procedures

#### Morning Routine

##### Drop Off Options

\*\*\* **Car Park** - Park in the Middle and bring your child/ren in to class OR  
\*\*\* Use a **Kiss and Drop Zone** – Front of school or Bus Lane in the Church Car Park  
Please do not drop off or park in the bus space in the mornings.

#### Afternoon Routine

##### Pick Up Options

\*\*\* **Car Park** - Park in the Middle and come to collect your child/ren.  
Kids are not to walk into the Car Park unescorted. (Do not park in Bus Lane)  
\*\*\* **Park on the Street**  
School side – all spaces available as Bus Bay applies to morning only  
Far side - Use the children's crossing. Not doing this tells all children that this is ok!  
It is not ok!!!

**FUN RUN – Sunday, March 14. Regos Now Open**

Go to this link for on-line registration

<http://bit.ly/2Z0S32v>



Live Life To The Fullest In Christ



Paul Arnel

**Afternoon Assembly : Monday at 2:45**

**COVID Assembly**

- \*Only children involved will attend
- \*Only families and friends of those involved are invited to attend
- \*Assemblies are Live Streamed for you all at this address :  
<https://youtu.be/LXPXscJZjNs>

## School Fees

Our school relies upon the contributions of families to continue to improve the Quality of Living and Learning for your children. We also ensure all families have access to our school and support those experiencing difficulty. Please call in or catch up with Gayle or myself if we can help you. Otherwise, I look forward to catching up over the next week with families to discuss their payment options.

## Office News

### PRIVACY POLICY

For access please visit our website. [www.sjnumurkah.catholic.edu.au](http://www.sjnumurkah.catholic.edu.au)

### SCHOOL FEES:

If any family would like to commence having their fees directly debited fortnightly or monthly this can be done at any time!

**Next Fortnightly Debits:** 12<sup>th</sup> & 26<sup>th</sup> February.

**Monthly Debits** 18<sup>th</sup> of each month.

If you have unexpected circumstances for the fortnight or month and need to stop a Direct Debit please note they are processed two days before the due date and so you will need to contact us prior to that, to put a stop on them.

If you are paying your in full, yearly fees are due by 28<sup>th</sup> February 2021.

**EFTPOS** and **CENTREPAY** are now a payment option. Please enquire at the office.

*St Joseph's School App. Click the link on the school website to download the App via Google Play or the App store. You can use this to access newsletters. Notifications are sent via this app regarding Sports Days, Special events etc. Please make sure you turn notifications on once downloaded.*



If you are eligible for the Camp Sports Excursion Fund (CSEF) please complete an application & hand into the office. (healthcare card required). If you applied last year and your circumstances haven't changed, eg number of children attending school is the same, then you don't need to complete the application again.

If you have any queries or concerns about your payment commitments please do not hesitate to come in and speak to Paul. If you are wanting to amend your payment options please do so ASAP.

**The Term Planner can be viewed from the school website under news & events \ newsletters**

*If you have any queries, please ring Gayle or Donna at the office on 5862 1804*

## Preps

Welcome to a fun-filled year of living and learning in Prep. We have had a fabulous start and all children have settled in well. They are building relationships with each other and their teachers, and are becoming more confident in their new environment. The days are warm and by the afternoon we are all ready for a rest, teachers too!

### Buddies

Preps have been introduced to their Grade 6 buddies and we shared a lunch together. The Grade 6s will assist us in the playground if we need help and work with us in the classroom. Next week the Seniors will be taught how to read with Preps as they have chosen one day a week to do so before school. We encourage them to build a positive, friendly relationship with their Prep buddy so that we as Preps feel safe and happy at school and they, as Senior students, continue to grow to be responsible, nurturing people.



### Obsurveys & Parent/Teacher/Student Interviews

We are enjoying getting to know your child through our Numeracy and Literacy testing as well as the chats we have during P/T/S interviews. If you have been unable to attend please feel free to make another time that would suit you. Please contact us via the office or the seesaw app.

We are very lucky to have Grace Holland to support us during our testing.



### Seesaw - Our Communication Tool

We hope you are enjoying being part of our classroom through the seesaw app. If you have not joined please come and see us and we will help you do so.



## Literacy

We will be sending home 'Take Home Readers' next week. We encourage lots of discussion about the book before reading it to your child. This helps with prediction and vocabulary building. Look through the whole book and **talk** through it first. We also introduced a Spelling Book that involves reading the sentence of the week, sounding out of the focus word using fingers and then the spelling of that word. The words in blue are 'Common Words' otherwise known as 'Coloured Words.' This spelling approach allows us to cover more sounds and common words in a year, in a meaningful context. If you are unsure how to use this book please contact us.



## Numeracy

We have been counting every day. Whether counting to make sure we are all in line, counting our home groups to check our Emergency lines, singing counting rhymes and acting out songs, everyone has a go and has

fun. We are using lots of different objects to count like fruit, dinosaurs and teddies. We are using 10 frames to investigate the value of 10.

## Religion

We are learning about our uniqueness, what makes us special, and to thank God for the life given to each of us. We are doing this through reflection, stories, role plays and singing songs.

## Inquiry

We are learning about fairness and friendship. We have been setting rules in our classroom and discussing appropriate behaviours.

## Specialist

We are enjoying our specialist classes (Art and Library) each Tuesday. We remind all students to bring back their library books on this day.

We look forward to working with you this year to build a happy learning environment for our children.

Tan, Rach, Grace and Jane.



## Juniors

### Welcome back everyone!

As a Junior Team we would like to welcome everyone back to school as we start our year of Living and Learning. We are pleased to be back in the classroom and beginning 2021 together. We congratulate all students on the responsible and positive manner in which they have returned to school.

### Writing

For the last two weeks we have been focusing on Recount Writing. We enjoyed hearing all about students' adventures with their families over the break in their holiday recounts and we have been encouraging students to sequence their writing in the order that things happen. Also it has been great to see students using connective and transitional language in their writing.

## Readers

We ask that all students please read to an adult every night. Once completed please write the title and a small comment in their reader diary. Students will also be required to read every morning when they arrive at school before they go outside to play.

## SMART Spelling

As a part of our school wide SMART Spelling program we have one spelling sound per week. On a Monday students will be introduced to our new sound and each day they will complete spelling activities that aim to improve their sound knowledge and allow students to learn their words for that particular week.

A SMART Spelling homework book will be sent home each Monday. Students are encouraged to practise their words on a minimum of two nights by saying the word, sounding it out and writing it. We ask that this homework book returns to school every Friday.

## Numeracy

Our students in Yr 1-2 have had a fantastic start to maths tasks over the last couple of weeks. We have been focusing upon Place value which involves students learning and understanding the value of digits within a number. An example here has been our place value mat and MAB blocks activity. Students have worked in pairs to roll dice, add the numbers, and then use MAB blocks to represent the number on the place value mat. Well done to all of our students here!

## Religion

Our return to school topic has been "We Grow in God's Love". This has been a time of sharing the ways God shows His love for us e.g. in nature, our family and friends. Our next topic is the season of Lent. We encourage children to live out ways to be like Jesus.

## Inquiry

This term in Inquiry we are investigating the unit 'Developing Our Learning Culture'. Students will be encouraged to learn and explore the different ways in which others learn, how to cooperate with others and what helps individuals to do their best learning.

## Specialist

Students have specialist classes on **Wednesday**. The children need to continue to wear their **sports uniform** every Wednesday and Friday. They also need to bring their Library bag every Wednesday.

Weeks 1-5 (Wednesday)

Junior West: LOTE/ART

Junior East: PE/LIBRARY

Please send us a message on SeeSaw if you have any questions or concerns regarding your child.  
Jordyn, Joanie, Kim, Alli, Dave, Bern and Ally.





## Middles

Welcome to our students, parents and carers to 2021!

Students have settled in well to our living and learning routines, in the Middle School.

### Maths

In the Middle School, we use student assessment data to inform groupings and student learning. This enables teachers and support staff to plan explicit and focused teaching and learning experiences for our students. Groupings are based on Curriculum content and students complete both Pre and Post Assessments to measure and monitor student growth. For example, students have recently completed a "Pre Assessment" for the area of Whole Number, Place Value, Odd/Even Number. With this data, the teachers and support staff have grouped students according to need and strength. Learning experiences are then targeted specifically at these areas of need and strength. At the end of the teaching and learning period (in this case 2-3wks), we will conduct a "Post Assessment" where the growth of the students is measured. We use a specific program to administer these tests, called "Essential Assessment" We then move to another focus area, such as addition and subtraction and begin the cycle of "Pre Test" - teaching and learning - "Post Tests"

We have found that this approach gives teachers and support staff the best opportunity to know, understand and to serve our families and most importantly our students. Our timetable operates to meet the three curriculum strands in maths, with three "Number" lessons, one "measurement" and one "statistics/data" lesson.

### English

Similarly to Maths, in the Middle School, we use groupings to target learning and teaching in English. English comprises reading, writing, speaking and listening. However, our groupings in English are a little more sustained, as we use the groupings for a complete Term. This approach is due to the fact there are a number of layers to English and the depth and breadth of learning opportunities requires a longer time in groups. Like Maths, we use student assessment data, as well as work samples and observations to develop our groupings. To establish our termly groups, we assess at the beginning of each Term. This assessment demonstrates student growth and informs our next groupings.

### Religious Education

We will be focusing on the Church season of Lent very shortly, beginning with Ash Wednesday. Other aspects of Religious Education...

- Daily prayers (morning, before meals and afternoon)
- Christian meditation / reflection opportunities.



## **Inquiry**

Our Inquiry this term, will focus on social / emotional / awareness of self and others.

## **Homework**

At this time, homework consists of 20 mins reading with / to an adult. or big brother / sister and SMART Spelling revision.

As we settle into routines, there will be other aspects added to the homework routine.

## **Routines**

School diaries need to be signed by an adult (or teenage sister/brother) to indicate that reading has been completed. Teachers then counter sign each morning. This is a very important part of the morning routine for students and a great way for teachers to track reading habits of students.

Each student has a "reading day". This is the allocated time between 8:30am - 8:50am, where the student reads 1:1 with the teacher. This is a very important part of the morning routine.

Please do not hesitate to contact your child's teacher if you have any questions or concerns. Teachers are available via SeeSaw App, email or for more serious / pressing matters, please call the school to make an appointment.

We look forward to serving you and your family in 2021.

Mark, Makayla, Sara, Liam, Amanda, Amy, Karlene, Clayton.

## **Seniors**

### ***Welcome***

To begin we would like to extend a warm welcome back to all Year Five and Six students and we congratulate all of you on the settled manner in which you have begun the School year.

**“We are the standard!”**

We regard all of the students in our Senior School as leaders of St Joseph's and therefore we begin our year with the expectation that our students set the standard regarding their behaviour and attitude towards others and their schoolwork. We trust that all of our students will rise to the challenge of being a Senior School student.

No responsibilities come without reward, and that is true for the Senior School as well. A sneak peek of some things we look forward to this year are: Winter Sports, A3, Production, Inquiry Projects, Senior Canberra Camp!, and many more.

We also welcome some new faces to our Senior School in 2020. Brock Jenner in Year Six, Kayleesha Parravicini in Year 5, and Mr Dominic Izzard who is one of our new Senior teachers.

### ***Swimming Program and Carnival***

Our swimming carnival went off without a hitch this year, despite being postponed to Monday. After the last few years being rushed due to the extremes of our Australian summer weather, it was a nice change to be able to enjoy our carnival in a more relaxed way including all of the novelty races and Mr A's playlist. The team spirit and level of participation from all of our students was fantastic. As Mr A says, “It doesn't matter how well you can swim, as long as you give it your best”, and our senior students really set the standard for the rest of the school on how well they took part on the day.

### ***Opening Year Mass and Year 6 Leadership***

We will induct our School Captains, along with all of our Year Six 2021 school leaders, at the upcoming Opening School Mass this Friday, 12th of February. This includes leaders in the areas of Fire Carrier, Triple A, Sustainability, ICT, and Sport Leaders. At this mass, our students will be presented to our school



community and receive their personalised school polo shirts. Grade 6 parents and carers are welcome to attend.

## ***The 2021 Line Up***

This year we give a special welcome to Mr Dom Izzard who has the role of Deputy Principal and also joins the Senior Team as a classroom teacher.

**Senior S** - Mr Adam Stirton remains as one of our classroom teachers and also retains his role as unit leader.

**Senior H** - Mrs Louise Hall continues as one of our classroom teachers this year. We look forward to seeing what fabulous productions Mrs Hall will create this year.

**Senior M/I** - Mrs Ebony Morrison continues in Senior M. This year she is in the classroom Monday - Wednesday with Mr Dom Izzard teaching Thursday and Friday.

**Senior N** - The Senior area welcomes back Mrs Kelly Newman this year as a classroom teacher after her term as Deputy Principal.

**Specialist Support** - Sue Blizzard continues her role as MacqLit coordinator supporting students with particular literacy needs.

**Learning Support Officers** - Di Thorne continues her role in a full-time capacity, working with students who need support as well as running the St Joseph's Veggie Garden. Ray Goldsack also continues his work in Maths and ICT support for the school.

## ***Specialist Updates***

During Term 1, students will be having Specialists on Tuesdays and Wednesdays. This means that students will be able to wear their Sports Uniform these days.

We look forward to an exciting, productive and fun year of Living and Learning in our Senior School in 2021.

Thank you,

**Senior School Staff**

Adam, Kelly, Dom, Eb, Sue, Louise, Di and Ray.





## Art

### ST. JOSEPH'S GRATITUDE GARDEN

Did you know that by writing down 3 things you are grateful for every day, you will rewire your brain to become more optimistic, resilient and happier!!

All our students have created a flower using different techniques and you are invited to take a flower from the "Garden" display near the Office. Think about what you are grateful for!

Also, each student will create a heart using different techniques and using an artist as inspiration. The theme of our **HEART ART** is-

**"In a world where you could be anything -Be Kind!"**

**OUR SCHOOL HAS HEART**

## Library

### Welcome to the new school year.

I will be running Bookclub again this year. Orders can be made online through LOOP or sent to school with the correct money. Orders for the first Bookclub this year need to be made by Friday 19<sup>th</sup> February. Please don't hesitate to contact me if you have any queries.



# Book Club LOOP for Parents

**LOOP** is the Scholastic Book Club  
**Linked Online Ordering & Payment** platform for parents.

To order and pay for Scholastic Book Club by credit card visit:

**[www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP)**



Regards Mary

## Sports

After Friday's postponement due to severe weather warnings, we were greeted with perfect conditions to conduct our Swim Carnival on the following Monday.

All Middle and Senior students had trialled earlier in the week to determine their events and were allocated into 55 Heats across the 4 strokes and age groups.

The day had a very relaxed feel and students' enjoyment was obvious to see, regardless of their swimming ability.

The Carnival concluded with an open freestyle relay that saw the fastest four swimmers for each house battle against each other. In a closely fought race, a very strong McCarthy team was able to hang on for a narrow victory.

Once again, there were some notable individual performances on the day and a school team has been selected to compete in the Division Championships in Shepparton on Wednesday February 17<sup>th</sup>.

Thank-you to the many parents and family members who were present to offer support and words of encouragement to their children. Your presence is much appreciated.

And finally to the staff at St. Joseph's and volunteers from St. Mary's, well done on fulfilling your roles tirelessly to ensure a smooth and successful Carnival once again.



1<sup>st</sup> McCarthy 207    2<sup>nd</sup> Cremin 192    3<sup>rd</sup> O'Connor 189    4<sup>th</sup> Rohan 176

Shane Merkel

### Divisional Swimming Team – 2021

Georgia ROBERTSON	10 Girls	Freestyle & Backstroke
Summa NEYLAND	10 Girls	Freestyle & Breaststroke
Kirrily HOOPER	11 Girls	Freestyle & Breaststroke
Samuel BROWN	11 Boys	Freestyle & Breaststroke.



We wish them well for Wednesday February 17<sup>th</sup> as they attempt to qualify for the Zone Championships.







## Student of the Week

### Sen S      **Brock Jenner**

*For making such an excellent and settled start to his time at St. Joseph's. Well done!*

### Sen M      **Kayleesha Parravicini**

*For making such a great start to her time at St Joseph's. She has started the year with an excellent attitude. Well done*

### Sen H      **Cooper Weeks**

*For starting the year with a bang. You have shown kindness and compassion. You make an amazing Grade 6!*

### Sen N      **Samuel Brown**

*For a great start to our Senior School.*

### Mid H      **Emily Osborne**

*For her enthusiastic approach to everything she does.*

### Mid O      **Rahni O'Callaghan**

*For her fantastic efforts at the swimming carnival, pushing herself in every event.*

### Mid W      **Gabe Waters-Beaton**

*For the wonderful way he has settled into our classroom and the enthusiasm he has shown during our Swimming program. Well done Gabe!*

### Mid B      **Bailey Harmer**

*For having such a fantastic start to the school year and well done on your efforts at the Swimming Carnival.*

### Jun S      **Ethan Brown**

*For confidently beginning Grade 1 and accepting all challenges.*

### Jun H      **Patrick Edis**

*For being an outstanding leader in our classroom and giving everything his best effort.*

### Jun A      **Dylan Said**

*For beginning our year with such kindness to others.*

### Jun J      **Axel Ramadge**

*For a wonderful start to the school year and for helping others with their learning.*

### Prep M      **Flynn Keane**

*For confidently sharing his ideas with our class. What a fantastic start to Prep Flynn!*

### Prep N      **Charlotte Farrant**

*For being a confident leader in our class and helping others! What a great start to Prep.*

## Triple A Social Skill Award

*This is awarded to students in each class who display excellence in the Triple A Social Skill of Using People's Name.*

**Attitude : Respectfulness**

**Awareness : Learning others names**

**Action : Using others names**



***Congratulations to the following students who received this social skill award:***

*Charity-Lee Cameron, Parker Patching, Bella Curtis, Tess McCracken, Jack Robertson, Madeleine Harmer, Kate Dyson, Matthew Friedrich, Brooklyn Few, Justin Hendy, Joel O'Dwyer, Zoe Hawthorn and Isabelle Hangan.*

## Canteen

*Please note the new canteen roster is now attached & we will start with the new roster on Monday 15<sup>th</sup> February.*

*Also we will still need volunteers, please let Karen know if you are able to help out by contacting the school on 5862 1804.*

## February

15<sup>th</sup> *Natasha Stell, Donna Jensen*

16<sup>th</sup> Volunteer

17<sup>th</sup> Narelle Schreenan

18<sup>th</sup> Volunteer

19<sup>th</sup> Kim McPherson

22<sup>nd</sup> Kate McGregor

23<sup>rd</sup> Volunteer24<sup>th</sup> Volunteer

25<sup>th</sup> Rachel Robertson

26<sup>th</sup> VolunteerMarch

*1<sup>st</sup> Sarah Trimble, Carolyn Hooker*

2<sup>nd</sup> Fiona McPherson

3<sup>rd</sup> Volunteer

4<sup>th</sup> Haylee Schulz

5<sup>th</sup> Michelle Razga, Kim McPherson

If you are unable to attend on your day, can you please arrange a swap with someone else or as last resort let Karen know in advance, so she is aware that she has no helper that day.

## Canteen Ordering Confusion

Canteen is open for lunch each day. Canteen is not available at recess (*ie chips, snack foods are not handed out at recess*).

Orders need to be placed either in the tubs in each classroom (clearly labelled with your child's name and classroom) or ordered online by 9.15am on the day the order is needed.

Please only select from the NO options if you have ordered salad. The following orders are examples of how to order different items.

**Filling Options:**

- ☒ No Beetroot
- ☐ No Tomato
- ☐ No Cucumber
- ☐ No Butter
- ☒ No Cheese
- ☐ No Lettuce

\* Extra Fillings:

- ☐ Egg & Lettuce (+£1.50)
- ☐ Chicken (+£2.50)
- ☐ Salad (+£2.00)
- ☐ Ham and cheese (+£2.00)
- ☒ Ham & Salad (+£3.50)
- ☐ Vegemite (+£0.50)
- ☐ Ham (+£1.50)
- ☐ Tomato (+£0.50)
- ☐ Cheese (+£1.00)
- ☐ Egg (+£1.00)
- ☐ Chicken & Salad (+£3.50)

**Condiments:**

- ☐ Tomato Sauce
- ☒ Butter
- ☐ Mayonnaise

**Toasted:**

- ☐ Yes Toasted

**Filling Options:**

- ☐ No Cucumber
- ☒ No Beetroot
- ☐ No Tomato
- ☐ No Carrot
- ☐ No Butter
- ☐ No Cheese
- ☐ No Lettuce

**Extra Fillings:**

- ☐ Egg & Lettuce (+£1.50)
- ☒ Cheese (+£1.00)
- ☐ Salad (+£2.00)
- ☐ Ham and cheese (+£2.00)
- ☐ Ham & Salad (+£3.50)
- ☐ Chicken (+£2.50)
- ☐ Tomato (+£0.50)
- ☐ Ham (+£1.50)
- ☐ Egg (+£1.00)
- ☐ Vegemite (+£0.50)

**Condiments:**

- ☐ Tomato Sauce
- ☒ Butter
- ☐ Mayonnaise

**Toasted:**

- ☒ Yes Toasted

**Filling Options:**

- ☐ No Cucumber
- ☒ No Beetroot
- ☐ No Tomato
- ☐ No Carrot
- ☐ No Butter
- ☐ No Cheese
- ☐ No Lettuce

**Extra Fillings:**

- ☐ Egg & Lettuce (+£1.50)
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- ☐ Salad (+£2.00)
- ☐ Ham and cheese (+£2.00)
- ☐ Ham & Salad (+£3.50)
- ☐ Chicken (+£2.50)
- ☐ Tomato (+£0.50)
- ☐ Ham (+£1.50)
- ☐ Egg (+£1.00)
- ☐ Vegemite (+£0.50)

**Condiments:**

- ☐ Tomato Sauce
- ☒ Butter
- ☐ Mayonnaise

**Toasted:**

- ☐ Yes Toasted

## LOST PROPERTY

Please make sure your child/ren's hat, jumper, drink bottle, lunch containers etc are clearly labelled so that they can be returned if they are misplaced. We already have several drink bottles, containers etc in the lost property, so don't forget to stop by and take a look if they belong to you.



## Community Notices



### St. Joseph's Primary School Numurkah



#### Exciting News!

Our Fundraising Partner Ritchies IGA, are launching their new Ritchies Card, incorporating the Community Benefit Program and this will not only benefit our School, but also all our members.

The program now has an App for both IOS and Android smart devices. For those members who don't have a smart phone, or would like a physical card, this option is also available and can be linked to the App.

Every month, St. Joseph's Primary School will receive 0.5%\* of our members' spend in Ritchies Stores PLUS our members will receive special offers and member only specials via the App.

\*T&C's apply see <https://www.ritchies.com.au/ritchiescardterms>

Featuring monthly promotions, cheaper prices for you, Collect and Win, as well as games and lots more fun things to do, this is a great opportunity to support our School.

You can download the Apps by scanning the QR codes below - or search for Ritchies in the Apple App Store or Google Play.



Your Club President  
John Smith



*Numurkah Lions Club Inc.*

## MARKET

South Bank of Broken Creek  
Numurkah  
**SATURDAY  
FEBRUARY 20th**

**Time: 8.00 am -12.00 noon**

- ❖ Cottage Craft
- ❖ Produce
- ❖ New and Second Hand Goods
- ❖ Something for everyone

**Enquiries: 0459322496**

*Another Lions Club Project*



### JUNIOR NETBALL TRAINING

**Under 11's**

**Thursday 25<sup>th</sup> February 4pm**

**Under 13's**

**Thursday 25<sup>th</sup> February 4pm**

**Under 15's**

**Tuesday 23<sup>rd</sup> February 5pm**

**Under 17's**

**Wednesday 10<sup>th</sup> February 5pm**

Please come along for a training session and to meet the coaches.  
Training held at Numurkah Recreation Reserve

**For more information contact Andrea Dobson 0467623100**



### NUMURKAH DISTRICT SOCCER CLUB ...

... invites junior players to the 2021 soccer season events start 4:30pm at the Numurkah Showground ..

**17th & 24<sup>th</sup> February** Come and try  
**3rd March** Registration and boot swap

*Teams open for registrations:*

Kinderoos  
Under 6s  
Under 7s  
Under 8s  
Under 10s  
Under 12s  
Under 15s

**Expressions of Interest**  
from prospective  
**COACHES & TEAM MANAGERS** welcome

**COVIDsafe rules will apply**

For further information please contact:  
Sherelle Koeleman ph 0438 533 060  
Karyn Oswald ph 0458 732 112





## Thriving TOGETHER Numurkah

### MANAGING YOUR MIND

Take time to calm your thoughts,  
relax your body and manage stress.

#### YOUTH SESSION

- 16 years and under -

17th February at 4pm  
NCN Health, 2 Katamatite Rd, Numurkah  
45 minutes

#### ADULT SESSION

- 16 years and over -

25th February at 7.30pm  
NCN Health, 2 Katamatite Rd, Numurkah  
45 minutes

RESERVE YOUR PLACE BY CALLING  
NCN HEALTH ON 5862 0556

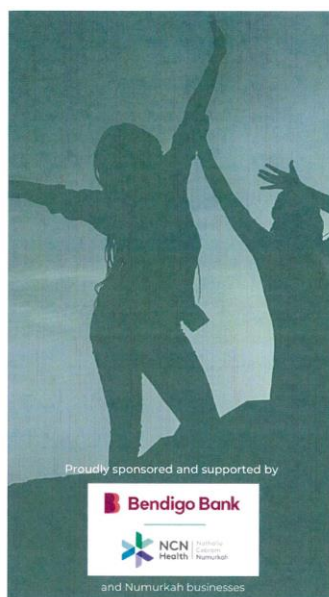
Facilitated by: **Amelia Slater**

By participating in any of the activities,  
you will be entered into the draw to win prizes,  
including products & vouchers from local businesses!

Proudly sponsored and supported by



and Numurkah businesses



## Thriving TOGETHER Numurkah

### Thai Chi

Thai Chi is an ancient Chinese traditional  
exercise, based on martial arts, involving  
slow movements and breath.

#### SESSION ONE

11th March 11am  
Newman Square, Melville St, Numurkah  
1 hour

#### SESSION TWO

1st April 11am  
Newman Square, Melville St, Numurkah  
1 hour

RESERVE YOUR PLACE BY CALLING  
NCN HEALTH ON 5862 0556

Facilitated by: **Taylah Shannahan**  
Taylah's Massage & Fitness

By participating in any of the activities,  
you will be entered into the draw to win prizes,  
including products & vouchers from local businesses!

## FOOD IS FREE Numurkah CARE-PACK DRIVE

Life has been tough for many people in our  
community during the pandemic.

You can help by donating a pre-loved bag  
filled with essentials & luxury items, that will  
make someone feel cared for.

Leave the care-packs at one of the  
Food is Free Numurkah locations.



Check out the handy  
guide for the items  
that can be included  
in each bag you make!

FOR MORE INFORMATION CONTACT NICOLE ON 0458 972 416



### SUPPORTING PARENTS AFTER SEPARATION Program

Supporting Parents after Separation is a **FREE** program that  
assists separated parents in conflict to:

- Navigate the challenges of their separation
- Understand how conflict affects a child's development
- Develop effective co-parenting communication strategies
- Develop safe care strategies

The program consists of a 3.5 hour group session followed by  
individual support and is offered to parents who are  
separated or going through a separation.

Face to face and online zoom group sessions are available.  
Parents attend separate groups.

For more information please contact  
Berry Street  
Post Separation Services  
110 Wyndham Street (PO Box 1108)  
Shepparton Vic 3630  
Ph: 03 58 228100



## FOOD IS FREE Numurkah CARE-PACK DRIVE

### A handy guide for what to include in a bag:

All items must be new & in sealed or unopened packaging.

#### ESSENTIALS BAG

- shampoo & conditioner
- toothbrush & toothpaste
- body wash or soap
- roll-on deodorant
- pads or tampons
- handwritten note or card

#### MUM & BUB BAG

- maternity pads
- breast pads
- baby wipes
- dummies
- newborn nappies
- baby shampoo
- baby wash
- nappy rash cream
- disposable nappy bags
- handwritten note or card

#### OPTIONAL EXTRAS

- make up
- face wipes
- stationary
- jewellery
- books
- underwear
- tissues
- towel
- facewasher
- face mask
- hand sanitiser
- gift voucher
- lip balm
- ear phones/buds
- movie ticket
- hair ties or scrunchies
- socks
- refillable water bottle

#### PLEASE DO NOT INCLUDE

Pharmaceutical items (condoms, throat lozenges, medication, etc.), razors, knives, scissors,  
food or drinks, spray deodorant, hair spray, loose or unsealed tampons, pads or unsealed menstrual cups.



## Thriving TOGETHER Numurkah

### Drumming

Have fun learning to play  
a powerful West African rhythm!

20th February 10.00am  
Newman Square, Melville St, Numurkah  
1 hour

RESERVE YOUR PLACE BY CALLING  
NCN HEALTH ON 5862 0556

Facilitated by: **Brianna Slattery**  
In the Groove

By participating in any of the activities,  
you will be entered into the draw to win prizes,  
including products & vouchers from local businesses!

Proudly sponsored and supported by



and Numurkah businesses



## CANTEEN ROSTER - 09/02/2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st of the Month	Sarah Trimble 0407 752 178 Carolyn Hooker 0409 310 126	Fiona McPherson 0409 239 923	Karina Glass 0400 637 369	Haylee Schulz 0475 268 453	Michelle Razga 0429 554 146 Kimberly McPherson 0488 488 544
2nd of the Month	Maree Simpson 0401 465 125	Volunteer	Volunteer	Helen Osborne 0403 857 177	Volunteer
3rd of the Month	Natasha Stell 0437 075 306 Donna Jensen 0427 575 747	Volunteer	Narelle Schreenan 0419 894 794	Volunteer	Kimberly McPherson 0488 488 544
4th of the Month	Kate McGregor 0409 967 017	Volunteer	Volunteer	Rachel Robertson 0417 389 400	Volunteer
5th of the Month (when it occurs)	Donna Jensen 0427 575 747	Kate McGregor 0409 967 017	Volunteer	Helen Osborne 0403 857 177	Narelle Miller

➤ Canteen Volunteers start at 12.00 pm. Please write your Canteen Day on your Calendar so you don't forget.

➤ If you are unable to do Canteen COULD WE ASK YOU TO PLEASE SWAP WITH SOMEBODY, - If you can't arrange a swap, ring Karen McIntyre at the school on 03 58621804 with as much notice as possible.

➤ Please **KEEP** this Roster in case you need to arrange a swap.

➤ Emergency - Donna Jensen 0427 575 747

# 2021 NUMURKAH FUN RUN

**SUNDAY 14TH MARCH EVERYONE WELCOME**  
Runners • Seniors • Walkers • Kids • Elite



**REGISTRATION :** <http://bit.ly/2Z0S32v>  
**OR CONTACT :** St Joseph's 03 5862 1804



**EVENTS:** 10 & 5km Run, 5km Walk

**KIDS:** Grade 2 & Under - 1km, Grade 3-6 - 2km  
5km Run for Primaries

**VENUE:** St. Joseph's PS Numurkah

**COST:** \$20. U/16s & Primary 5km \$5

NO 2021 SINGLETs DUE TO COVID RISK

**START TIME:**

9am 5&10 Km events - 10.15am 1 & 2 Km events

Pre-registration by Friday 13th March 4pm

Entries accepted on the morning additional \$5

**KIDS:** 1 & 2km events - no rego required,  
\$2 on the morning

## GREAT PRIZES PLUS

•Timing by Fast Finish • Family BBQ

## TEAM EVENT

5km races • Minimum 4 entries • Fastest four across the line.

**Bendigo Bank**  
Numurkah Branch



**RITCHIES**  
Where the Community Benefits  
**IGA** plus **LIQUOR**