

# ST. JOSEPH'S SCHOOL

16 Tocumwal Rd, Numurkah, 3636.

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## SCHOOL CROSS COUNTRY

Dear Parents/Guardians,

***The Prep – Grade 6 students will take part in a Cross Country on Thursday 2<sup>nd</sup> May 2019.***

Prep Year 1 and 2 students will remain at school and complete their Cross Country around the School Oval at 10:30am.

The Grade 3 - 6 children will walk to the Showgrounds and complete a 2km or 3km course of the Broken Creek. These students will be grouped according to age.

Students **MUST** bring a water bottle to school and are to wear their sports uniform. Students can add a **SPLASH OF YOUR TEAM COLOUR** – (for example adding ribbons to their hair)

10:30am      Prep – 500m (1 lap of Oval at school)

10:45am      Grades 1/2 - 1km (2 laps of Oval at school)

11:45 am      Grade 3 – 6's walk to the Showgrounds

12:30pm	12+ yrs.	3km	1:00pm	11 yrs.	3km
1:30pm	9 & 10 yrs.	2km	3:00pm	<u>Presentations at school</u>	

The top placegetters who complete the course in a competitive time in each of these age groups (9/10 age group combined) will be given the opportunity to compete in the Division Cross Country in Shepparton on Friday May 10th.

### AGE GROUPS

9/10yrs – born 2010/2009    11yrs – born 2008    12+yrs – born 2007 or before

If any parents are available to act as marshals and man checkpoints along the Grade 3 – 6 track, from 12.30pm onwards, please fill out the form below and return it by Tuesday 30<sup>th</sup> April. Your help would be greatly appreciated.

Thank you,  
Shane Merkel (PE/Sport Coordinator)

I \_\_\_\_\_, am able to help at the Cross Country on

Thursday 2<sup>nd</sup> May. My contact number is: \_\_\_\_\_.