

# ST. JOSEPH'S SCHOOL

16 Tocumwal Rd, Numurkah, 3636.

Phone: 03 5862 1804

Fax: 03 5862 2768

E-mail: [principal@sjnumurkah.catholic.edu.au](mailto:principal@sjnumurkah.catholic.edu.au)



## SCHOOL CROSS COUNTRY

Dear Parents/Guardians,

***The Prep – Grade 6 students will take part in a Cross Country on Friday 4<sup>th</sup> May 2018.***

**Prep Year 1 and 2** students will remain at school and complete their Cross Country around the School Oval at 10:30am.

**The Grade 3 - 6** children will walk to the Showgrounds and complete a 2 or 3km course of the Broken Creek. These students will be grouped according to age.

Students **MUST** bring a water bottle to school and are to wear their sports uniform. Students can add a **SPLASH OF YOUR TEAM COLOUR** – (for example adding ribbons to their hair)

10:30am Prep – 500m (1 lap of Oval at school)

10:45am Grades 1/2 - 1km (2 laps of Oval at school)

11:45 am **Grade 3 – 6's walk to the Showgrounds**

12:30pm	<b>12+ yrs.</b>	<b>3km</b>	1:00pm	<b>11 yrs.</b>	<b>3km</b>
1:30pm	<b>9 &amp; 10 yrs.</b>	<b>2km</b>	3:00pm	Presentations at school	

The first 5 runners who complete the course in a competitive time in each of these age groups (9/10 age group combined) will be given the opportunity to compete in the Division Cross Country in Shepparton on Friday May 11th.

### AGE GROUPS

9/10yrs – born 2009/2008   11yrs – born 2007   12+yrs – born 2006 or before

If any parents are available to act as marshals and man checkpoints along the Grade 3 – 6 track, please fill out the form below and return it by Tuesday 1<sup>st</sup> May. Your help would be greatly appreciated.

Thank you,  
Shane Merkel (PE/Sport Coordinator)

I \_\_\_\_\_, am able to help at the Cross Country on

Friday 4<sup>th</sup> May. My contact number is: \_\_\_\_\_.